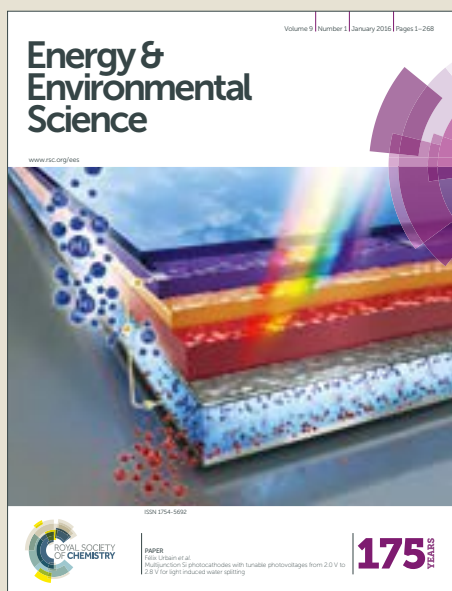


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5 **The impact of new cathode materials relative to baseline performance of microbial fuel**  
6 **cells all with the same architecture and solution chemistry**

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18

19 **Abstract**

20 Differences in microbial fuel cell (MFC) architectures, materials, and solution chemistries, have  
21 previously hindered direct comparisons of improvements in power production due to new cathode  
22 materials. However, one common reactor design has now been used in many different laboratories  
23 around the world under similar operating conditions based on using: a graphite fiber brush anode,  
24 a platinum cathode catalyst, a single-chamber cube-shaped (4-cm) MFC with a 3-cm diameter  
25 anolyte chamber, 50 mM phosphate buffer, and an acetate fuel. Analysis of several publications  
26 over 10 years from a single laboratory showed that even under such identical operational  
27 conditions, maximum power densities varied by 15%, with an average of  $1.36 \pm 0.20 \text{ W m}^{-2}$  (n=24),  
28 normalized to cathode projected area ( $34 \text{ W m}^{-3}$  liquid volume). In other laboratories, maximum  
29 power was significantly less, with an average of  $0.91 \pm 0.26 \text{ W m}^{-2}$  (n=10), despite identical  
30 conditions. One likely reason for the differences in power is cathode age. Power production with  
31 Pt catalyst cathodes significantly declined after one month of operation or more to  $0.87 \pm 0.31 \text{ W}$

32  $\text{m}^{-2}$  (n=18) based on studies where cathode aging was examined, while in many studies the age of  
33 the cathode was not reported. Using these studies as a performance baseline, we review the claims  
34 of improvements in power generation due to new anode or cathode materials, or changes in  
35 solution conductivities and substrates.

## 37 **Introduction**

38 Microbial fuel cells (MFCs) that use certain bacteria, referred to as exoelectrogens, to produce  
39 electricity from organic matter have been widely investigated since the early 21<sup>st</sup> century as a  
40 possible method for wastewater treatment with net energy production.<sup>1-5</sup> Increased power  
41 production from  $<1 \text{ mW m}^{-2}$  of electrode (anode or cathode) have improved over the years to a  
42 range of  $\sim 1-4 \text{ W/m}^2$ ,<sup>6-8</sup> due to many improvements that include: improving the architecture, by  
43 moving from two-chamber bottles with salt bridges to single chamber reactors without  
44 membranes;<sup>9-11</sup> improved anodes, with new 3-D materials such as graphite brushes and felt or cloth  
45 replacing graphite rods;<sup>12-19</sup> improved cathodes, with power production and longevity of improved  
46 compared to platinum cathodes;<sup>20-28</sup> decreased ohmic resistance due to closer-spaced electrodes  
47 and increased solution conductivities;<sup>27, 29-31</sup> and improved cultivation of exoelectrogenic  
48 microorganisms and use of substrates more amenable to current generation, through the use of  
49 relatively high concentrations of acetate as a fuel compared to dilute organic matter in many  
50 domestic wastewaters.<sup>32-34</sup> In the early development of MFCs, several materials and operational  
51 parameters were often simultaneously changed, making it difficult to specifically identify the  
52 factors that led to improved power compared to previous reports in the literature. As the  
53 development of these systems matured, greater attention has been given to specific impacts of the

54 individual components, but often in systems fundamentally different from each other, for example  
55 by using different size electrodes or electrode spacing.<sup>35, 36</sup>

56 Over the last decade, many researchers around the world have started to use a similar reactor  
57 design for experiments,<sup>37-42</sup> based on a cube-shaped reactor first reported in papers in 2004.<sup>9</sup> The  
58 original design contained a carbon paper anode separated by 4 cm from a Pt-catalyzed carbon cloth  
59 cathode, in a 4-cm cube drilled to produce an anolyte chamber 3-cm in diameter. The power density  
60 was evaluated using glucose, with 0.26 mW/m<sup>2</sup> (6.6 W/m<sup>3</sup> based on liquid volume) produced with  
61 a Nafion membrane hot-pressed to the cathode. Power was shown to increase by removing the  
62 membrane,<sup>9</sup> while adding a diffusion layer on the air-side of the cathode to prevent leakage,<sup>43-46</sup>  
63 using acetate as a fuel more suitable for exoelectrogens such as *Geobacter sulfurreducens*<sup>33, 47</sup> or  
64 *Geobacter anodireducens*, since these two species were not distinguishable based on based on full-  
65 length (1457 bp) 16S rRNA gene sequencing and the primers used in that study.<sup>48, 49</sup> It was also  
66 demonstrated that replacing the flat anode with a graphite fiber brush anode that helped to avoid  
67 power decreases due to oxygen crossover when the anode was placed near the cathode.<sup>12, 50, 51</sup> Over  
68 the past ten years, this basic cube design has been used by researchers around the world, usually  
69 with solution conditions of 50 mM phosphate buffer solution (PBS) as the electrolyte and medium,  
70 and acetate as the fuel. Much of this research has focused on improving the cathode performance,  
71 as the cathode limits power production as long as the anode bacteria have sufficient substrate, and  
72 are not cultivated under conditions that impact anode performance due to the presence of dissolved  
73 oxygen or other electron acceptors (e.g. nitrate) or inhibitors.<sup>52-55</sup> For the first time, it is now  
74 possible to directly compare results from one laboratory to another due to the use of the same  
75 reactor and test conditions. The mean values of maximum power densities reported were used for  
76 our analysis, excluding the variations among replicates in each study. Our preliminary analysis of

77 the “baseline” performance of MFCs in these studies showed that even under apparently identical  
78 conditions, and even in the same laboratory, the maximum power densities of these systems  
79 differed. Therefore, we collected and compared results from a larger number of studies to quantify  
80 these differences, and determine if we could find critical differences in performance among these  
81 systems that might help explain the reasons for power differences.

82

### 83 **Benchmarking Maximum Power Densities using a Pt Cathode and Brush Anode**

84 A total of 35 studies were used to compare power generation using the 4-cm cube reactors, all  
85 with 2.5 cm brush anodes and Pt catalyst cathodes. With the same operation conditions using a 50  
86 mM PBS, and 1 g L<sup>-1</sup> acetate, the maximum power densities reported in 24 of these studies from  
87 the same laboratory (Penn State University, PSU) was  $1.36 \pm 0.20 \text{ W m}^{-2}$ , with a range of 1.02 to  
88  $1.68 \text{ W m}^{-2}$  (Figure 1A). This suggests that even when the researchers were all trained in the same  
89 laboratory using the same protocols and supplies, there was a standard deviation of 15% in the  
90 maximum power density obtained in polarization tests. While these variations are unexpectedly  
91 large, such differences have been observed for other types of biological tests. For example, five-  
92 day biochemical oxygen demand tests conducted at the same laboratory have shown a  $\pm 5\%$   
93 variation, but this increases to  $\pm 15\%$  based on comparisons among different researchers in  
94 different laboratories.<sup>56</sup>

95 The maximum power densities reported by non-PSU laboratories (others) using the same test  
96 conditions was slightly different from this result of the PSU laboratory (PSU), with an average of  
97  $1.03 \pm 0.46 \text{ W m}^{-2}$  based on 11 different studies, with a wider range of 0.57 to  $2.20 \text{ W m}^{-2}$  (Figure  
98 1B). One of these non-PSU studies is noteworthy as the baseline power density was  $2.20 \pm 0.05$   
99  $\text{W m}^{-2}$ , which was well above the range of all other studies<sup>57</sup>. The reason for this is not known. If

100 this study is omitted, the average for other laboratories would decrease to  $0.91 \pm 0.26 \text{ W m}^{-2}$  (n=10;  
101 range of 0.57 to  $1.21 \text{ W m}^{-2}$ ) for platinum cathodes (Figure 1B), which was significantly lower  
102 than that obtained at PSU laboratory ( $p < 0.01$ ).

103 The significantly lower (on average) power densities obtained in these non-PSU laboratories  
104 suggested that there might be other factors involved that reactor design and materials. For example,  
105 it is now well known that the performance of Pt catalyst cathodes decreases rapidly over time.<sup>58, 59</sup>  
106 Studies have shown that platinum can be poisoned by phosphate or sulfur species, which are in the  
107 medium used for most MFC tests.<sup>60</sup> It is also possible the binding of the Pt particles to the carbon  
108 cloth becomes impaired over time resulting in loss of the catalyst particles over time. A comparison  
109 of 18 studies in the PSU laboratory where polarization data were reported after one month or more  
110 of operation supported this decrease in power with Pt catalyst cathodes, with an average of  $0.87 \pm$   
111  $0.31 \text{ W m}^{-2}$  (n=18) (Figure 1A). There were only two studies from non-PSU laboratories where  
112 we identified cathode polarization data obtained after more than one month, but for these two  
113 studies the maximum power densities were  $0.92 \pm 0.04 \text{ W m}^{-2}$ , which was not significantly  
114 different from the data reported in other non-PSU studies for their baseline studies of power  
115 generation. Therefore, we speculate that one factor that may complicate comparisons between  
116 laboratories, and account for generally lower power at other laboratories, is the use of “old”  
117 cathodes. If a reactor is started up until there are reproducible cycles of power generation, a new  
118 cathode should be used for the first set of polarization data. Otherwise, it is likely that tests done a  
119 few weeks to a month after acclimation with the original cathode would result in lower maximum  
120 power densities than that possible with a fresh catalyst material.

121

122

## 123 **Evaluation of Alternative Cathodes**

124 There are now a large number of studies where alternatives to Pt cathodes have been studied,  
125 with most of these papers looking at activated carbon as an alternative cathode catalyst, although  
126 not all of these studies have controls using Pt catalyst cathodes. We expected that the performance  
127 of activated carbon cathodes would be comparable to that of new platinum cathodes as many  
128 laboratories have now reported good results with this material.<sup>61</sup> Our analysis of the maximum  
129 power densities from the PSU laboratory using alternative cathode catalysts (all with activated  
130 carbon as a base material, with different treatments) showed an average of  $1.42 \pm 0.11 \text{ W m}^{-2}$   
131 ( $n=15$ ), with a range of 1.22 to  $1.61 \text{ W m}^{-2}$  (Figure 1A). In the majority of these studies, when the  
132 alternative catalyst was compared to the Pt control, the alternative cathode resulted in higher power  
133 production. However, when all of these studies are compared grouped together on the basis of  
134 using a Pt or an alternative catalyst, there was no significant difference in power production for  
135 the alternative catalysts ( $1.42 \pm 0.11 \text{ W m}^{-2}$ ) compared to that of the Pt catalysts ( $1.36 \pm 0.20 \text{ W}$   
136  $\text{m}^{-2}$ ;  $p=0.13$  at 95% confidence interval except as noted).

137 In studies conducted in non-PSU laboratories, the alternative cathodes showed an average  
138 maximum power density of  $1.19 \pm 0.45 \text{ W m}^{-2}$  ( $n=11$ ), which was not significantly improved  
139 compared to the Pt control tests reported by these laboratories ( $p=0.42$ ). Note that we have not  
140 included data in this comparison any studies that did not include a Pt control test. For tests in non-  
141 PSU laboratories, 73% of the studies showed improved performance relative to the Pt controls.  
142 However, these results for alternative cathodes reported by non-PSU laboratories were not  
143 significantly different from the results obtained from the PSU lab using Pt or alternative materials  
144 ( $P=0.24$  for Pt,  $P=0.11$  for alternative). We speculate that age of the cathodes made using  
145 alternative materials may be less of a factor in comparison of power densities using polarization

146 data. In the PSU lab tests, after one month the maximum power densities averaged  $1.22 \pm 0.16$  W  
147  $\text{m}^{-2}$ , which was significantly higher than that of Pt cathodes ( $0.87 \pm 0.31$  W  $\text{m}^{-2}$ ) after one month  
148 ( $n=16$ ,  $p=0.0002$ ). For non-PSU laboratories, the average was  $0.86$  W  $\text{m}^{-2}$  ( $n=2$ ; for  $0.6$  and  $1.12$   
149 W  $\text{m}^{-2}$ ) for alternative cathodes operated for more than 1 month.

150 Our analysis of these data on alternative cathode catalysts and materials suggests that claims  
151 of improved power production based on comparison of laboratory data—when compared to only  
152 literature values—cannot be supported. Polarization tests with new cathodes need to be conducted  
153 in side-by-side tests, or even with the same reactors by switching cathodes, with new Pt catalyst  
154 cathodes as controls. Furthermore, even for tests in the same laboratory, there should be some  
155 consistency in maximum power densities ( $\sim 15\%$  based on our experience), but in several cases we  
156 observed much larger changes in “baseline” conditions. For example, in one study using a 4-cm  
157 cube reactor,  $0.80 \pm 0.04$  W  $\text{m}^{-2}$  for an alternative cathode (iron/polyindole) the authors claimed  
158 greatly improved power compared to the Pt control which produced  $0.65 \pm 0.03$  W  $\text{m}^{-2}$ .<sup>62</sup> However,  
159 in another study by the same group the Pt control produced  $0.95 \pm 0.01$  W  $\text{m}^{-2}$ .<sup>63</sup> This 46% change  
160 in the Pt control is very large, suggesting that the iron/polyindole cathode did not significantly  
161 produce more power than a Pt control. In another study by a different group, the Pt control  
162 produced  $1.71$  W  $\text{m}^{-2}$ ,<sup>64</sup> with the alternative cathode producing  $2.08$  W  $\text{m}^{-2}$ . However, two years  
163 later the same group reported that a different alternative cathode produced  $1.16$  W  $\text{m}^{-2}$ , which was  
164 higher than their Pt control in this same study, but in this case the control only produced  $0.86$  W  
165  $\text{m}^{-2}$  (26% decrease).<sup>65</sup> Although the reactors were identical (6 cm diameter and 8 cm long,  
166 compared to the 3-cm diameter, 4 cm long reactor in our other comparisons), the later study used  
167 a brush anode rather than a flat, carbon felt anode.<sup>64, 65</sup> Based on our analysis of the anode type in  
168 4-cm cube reactors (see below), the use of a brush anode would not be expected to greatly reduce



169 power output of the Pt controls. A third group of researchers from the same lab using the 4-cm  
170 cube reactors claimed that the alternative cathodes improved performance based on obtaining  
171 maximum power densities of 0.95, 1.08 1.39 and 1.42 W m<sup>-2</sup>. While these are better than their Pt  
172 controls (range of 0.64 to 0.88 W m<sup>-2</sup>), these values for the controls are comparable to or less than  
173 Pt controls obtained by PSU and some other labs.<sup>25, 66-68</sup> Results showing greater power with  
174 alternatives than a Pt control, that fall within the expected range, would indicate improved  
175 performance. There are several results shown in Figure 1B that do indicate improved power  
176 relative to Pt controls as they fall within the expected range for the Pt controls.

177 An excellent approach to evaluate new cathode catalysts is to use abiotic, three-electrode  
178 systems as they can reduce the impacts of other factors on cathode performance, such as mass  
179 transfer limitations or biofouling.<sup>69</sup> With defined electrolyte and counter electrode potentials,  
180 electrochemical techniques such as linear sweep voltammetry, rotating disk electrodes, and  
181 electrochemical impedance spectra can help identify catalytic activities separate from these other  
182 factors. In addition, it may not be possible to test the actual cathode structure (i.e. a catalyst on a  
183 stainless steel mesh current collector) in some specialized devices such as a rotating disc electrode.  
184 There can still be differences in electrochemical techniques adopted among laboratories for these  
185 tests, such as using slow or fast LSVs, different rates of stirring or no stirring, or conducting tests  
186 using chronoamperometry. We recommend that both abiotic electrochemical tests, as well as MFC  
187 tests, be conducted with any new cathode material.

188

### 189 **Effect of Anode Type on Power Output**

190 In the original study of graphite fiber brush anodes it was demonstrated that power was  
191 improved with brush anodes (2.40 mW m<sup>-2</sup>) relative to flat carbon cloth anodes (1.07 W m<sup>-2</sup>) in

192 4-cm cube MFCs, but the tests were conducted using a 200 mM PBS electrolyte, and ammonia  
193 gas-treated anodes.<sup>12</sup> Other tests comparing performance using 50 mM or 200 mM PBS were made  
194 using a different type of reactor (bottle brush reactors). To see if published studies since then  
195 supported claims that brush anodes could produce more power than other types of anodes in 50  
196 mM PBS, we examined studies where brush or other anodes were tested in 4-cm cube MFCs with  
197 Pt catalyst cathodes. In these brush anode tests, anodes were heat-treated in a muffle furnace to  
198 improve their performance.<sup>50</sup> Brush anodes produced an average maximum power density of  $1.11$   
199  $\pm 0.45 \text{ W m}^{-2}$ , compared to  $0.79 \pm 0.19 \text{ W m}^{-2}$  for cloth anodes and  $0.51 \pm 0.00 \text{ W m}^{-2}$  for felt  
200 anodes (Figure 2). The brush anodes performed better than the cloth anodes ( $p < 0.01$ ) but based on  
201 this comparison the power densities were not significantly different from the felt anodes ( $p = 0.07$ ).  
202 No significant difference is shown between the cloth anodes and felt anodes ( $p = 0.06$ ).

203 There are also studies where brush or felt anodes were used with alternative cathodes in 4-cm  
204 cube reactors with 50 mM PBS. In these tests with non-Pt cathodes, felt anodes produced a  
205 maximum power density of  $1.30 \pm 0.27 \text{ W m}^{-2}$  ( $n = 9$ ), which was higher than  $1.15 \pm 0.44 \text{ W m}^{-2}$   
206 ( $n = 12$ ) for brush anodes. However, eight of the nine studies using felt anodes were conducted  
207 without a Pt cathode control, making it difficult to draw the conclusion that felt anode performed  
208 better than brush anode. In one study conducted by PSU researchers, the highest power density  
209 produced with felt anodes of three different thicknesses was  $1.05 \text{ W m}^{-2}$  (1.27 thick felt anode).  
210 However, this was less than the  $1.36 \pm 0.20 \text{ W m}^{-2}$  average for the PSU studies using brush anodes,  
211 and this best result was only comparable to the lowest value with brush anodes ( $1.02 \text{ W m}^{-2}$ )  
212 (Figure 1A).<sup>70</sup> Thus, we conclude that brush anodes appear to provide better performance on  
213 average than felt anodes, but further direct comparisons will be needed to fully justify that claim.

214

## 215 **Impact of Solution Conductivity on Power Output**

216 The use of a solution with higher conductivity (higher ionic strength) should improve power  
217 production due to a reduced ohmic resistance, as long as bacteria are not adversely impacted by  
218 higher salt concentrations. The first report that power was increased with solution conductivity  
219 used MFCs with flat anodes in 4-cm cube reactors, with conductivity increased using NaCl.<sup>71</sup>  
220 When several studies using brush anodes were compared on the basis of solution conductivity  
221 using 50 and 100 mM PBS (Pt cathodes), no significant difference ( $p=0.98$ ) was observed in  
222 maximum power among these studies (Figure 3). This outcome of no significant difference  
223 between 50 and 100 mM PBS among all studies was likely due to differences between laboratories  
224 being larger than differences specifically due to solution conductivity, as in most of these studies  
225 conductivity was not the main focus of the experiments. Based on tests conducted in the same  
226 laboratory (PSU), but by different researchers, power was increased with conductivity, with 1.35  
227  $\text{W m}^{-2}$  using 50 mM PBS, 2.11  $\text{W m}^{-2}$  in 100 mM PBS and 3.20  $\text{W m}^{-2}$  in 200 mM PBS.<sup>38, 72</sup> In  
228 one study using alternative cathodes, side-by-side tests showed that power increased from 2.60  $\text{W}$   
229  $\text{m}^{-2}$  in 50 mM PBS, to 4.70  $\text{W m}^{-2}$  in 200 mM PBS.<sup>27</sup>

230 Changes in solution conductivity over time due to media storage, or incorrect preparation of  
231 media can impact conclusions regarding other study parameters. The effect of solution  
232 conductivity on ohmic resistance is easily quantified using electrochemical impedance  
233 spectroscopy (EIS). As the ionic strength is increased, ohmic resistance decreases as shown by the  
234 intercept of the EIS curve with the x-axis in the high frequency range. For example, the ohmic  
235 resistance decreased from 18.3  $\Omega$  in 50 mM PBS, to 10.4  $\Omega$  in 100 mM and 6.8  $\Omega$  in 200 mM PBS  
236 in tests with a brush anode and an activated carbon cathode (Figure 4). Tests using the solutions  
237 using 50 or 200 mM PBS using the same conditions as those for Figure 4 showed that power was

238 increased by a factor of 1.8 due only to solution conductivity. However, this increase in power due  
239 to conductivity was about the same as that reported in a different study on improved power using  
240 an alternative cathode material (iron and nitrogen doped activated carbon) relative to the plain  
241 activated carbon control.<sup>26</sup> EIS data reported in that study showed that the ohmic resistance was  
242 reduced in tests with the alternative cathode compared to the activated carbon cathode control by  
243 a factor of 1.9. Thus, conductivity alone could have been the main factor for the improved  
244 performance. Solution conductivity should always be reported and carefully monitored with a  
245 conductivity meter in all tests as it is a factor that can greatly impact power production.

246 Errors in media preparation can easily result in changes in solution conductivity, especially  
247 due to the amount of hydration of the buffer salts used to prepare the medium. For example, 50  
248 mM buffer is often made using 4.58 g L<sup>-1</sup> of Na<sub>2</sub>HPO<sub>4</sub> and 2.45 g L<sup>-1</sup> of NaH<sub>2</sub>PO<sub>4</sub>·H<sub>2</sub>O.<sup>73</sup> However,  
249 others have used 10.9 g L<sup>-1</sup> of Na<sub>2</sub>HPO<sub>4</sub>·12H<sub>2</sub>O and 3.04 g L<sup>-1</sup> of NaH<sub>2</sub>PO<sub>4</sub>·2H<sub>2</sub>O.<sup>74</sup> Thus,  
250 accidental use of a less hydrated buffer salt at the higher mass concentration could easily lead to  
251 conclusions of improved power due to materials that were really due to buffer concentration.  
252 Repeated addition of sodium acetate to the same solution can also increase conductivity and  
253 voltage or power over time.<sup>23</sup> This conductivity change can be avoided by using fresh buffer on  
254 successive cycles, or adding acetic acid rather than the salt.

255

### 256 **Impact of Microbial Community on Performance**

257 The anode materials, operating conditions, and inoculum source can affect the performance of  
258 an acetate-fed MFC, but *Geobacter* is usually the predominant genus on the anode when there is  
259 good power generation. For example, Vargas et al.<sup>75</sup> showed that *Geobacter* spp. were  
260 predominant on brush anodes in cube-type air-cathode MFCs fed acetate (1 g/L, 50 mM PBS),

261 with improved performance and a higher abundance of *Geobacter* spp. on a brush anode ( $57 \pm 4\%$ )  
262 compared to a carbon-cloth anode ( $27 \pm 5\%$ ). In H-type MFCs fed with acetate and graphite anodes,  
263 Picot et al.<sup>76</sup> found anodes modified with positively charged groups (4-  
264 benzyltriphenylphosphonium) increased power output and had a biofilm dominated with *Geobacter*  
265 spp., whereas *Geobacter* spp. were not detected on the poorer performing graphite anodes modified  
266 with negatively charged groups (4-benzylcarboxylic acid diazonium). Inocula from many different  
267 sources (primary clarifier effluent, primary anaerobic digester effluent, anaerobic bog sediment)  
268 and geographical locations (USA and Saudi Arabia), used in acetate-fed air-cathode MFCs  
269 operated using graphite fiber brush anodes and Pt cathodes, were always found to be dominated  
270 by the genus *Geobacter*, with sequences closely related to *G. sulfurreducens*.<sup>75, 77-79</sup> In one study  
271 where three-electrode reactor operated under potentiostatic control were inoculated with different  
272 sources from a wastewater treatment plant (primary wastewater, primary sludge, activated sludge  
273 or secondary sludge), better performance was characterized by a strong dominance of  
274 *Geobacteraceae*.<sup>80</sup> In tests with a different type of inoculum (soils from separate geographic  
275 locations), all reactors had the same electrochemical performance and all were colonized primarily  
276 by a single *Geobacter* spp. (*Geobacter psychrophilus*).<sup>81</sup> Taken together, these results all show the  
277 electrochemically driven selection of a single phylotype in different microbial electrochemical  
278 systems, with good performance linked to the abundance of different *Geobacter* spp.

279 The method used to analyze the microbial community does not seem to be as important as  
280 other factors, such as substrate, materials, and inoculum source, for characterizing the microbial  
281 communities. For example, Vargas et al.<sup>75</sup> used a more traditional pyrosequencing-based approach,  
282 while Picot et al.<sup>76</sup> used fluorescent *in situ* hybridization with *Geobacter* specific probes, but both  
283 studies found a predominance of *Geobacter* spp. Analysis of communities using a different

284 approach based on flow-cytometry and 16S rRNA gene sequencing also found an abundance of a  
285 single phylotype (*G. sulfurreducens*) on an electrode of an acetate-fed, three-electrode reactor  
286 operated under potentiostatic control.<sup>82</sup> Flow cytometry-based studies have also shown that pH  
287 and inoculum source can impact the microbial community, but the best performing MFCs were  
288 always dominated by *G. sulfurreducens*, while low-performing biofilms had a higher microbial  
289 diversity.<sup>83</sup> Even with full-length 16S rRNA gene sequencing, it is sometimes not possible to  
290 distinguish organisms at the species level. For example, *Geobacter anodireducens* isolated from an  
291 MFC could not be distinguished as different species from *G. sulfurreducens* based on full-length  
292 (1457 bp) 16S rRNA gene sequencing due to their high 16S rRNA gene sequence similarity (98%),  
293 but the two exoelectrogens were shown to be different on the basis of their other characteristics.<sup>48</sup>

294 <sup>49</sup>

295 Another factor that could affect the microbial communities in acetate-fed MFCs is the duration  
296 of operation. Microbial communities in acetate-fed MFCs are mainly characterized after only few  
297 weeks or months of operation, and longer periods of operation could affect the anodic microbial  
298 community structure and abundance of *Geobacter* spp.<sup>84</sup> Based on 16S rRNA gene cloning and  
299 sequencing, the anode biofilm community of acetate-fed two-chambered MFC operated for over  
300 1 year was dominated by *Betaproteobacteria* (48.8%) followed by *Deltaproteobacteria* (31.7%),  
301 with predominance of *Geobacter* spp.<sup>85</sup> The predominance of *Betaproteobacteria*, which consists  
302 of aerobic and facultative bacteria, was possibly due to oxygen intrusion to the anode from the  
303 continuously aerated cathode. In another study, *Pelobacter propionicus* was the dominant bacteria  
304 (63% of the anodic community) detected in acetate-fed air-cathode MFCs with brush anode and  
305 operated for more than 1 year.<sup>86</sup> While *Geobacter* spp. was not detected in this study, when the  
306 authors changed the operation from MFC to microbial electrolysis cell (MEC) operating by

307 replacing and sealing off the cathode from air, the proportion of *Geobacter* spp. with sequences  
308 closely related to *G. sulfurreducens* increased to 38%.

309 These studies on the microbial communities on MFC anodes show that *Geobacter* spp.  
310 predominate on the anode, although many factors can impact the relative abundance of different  
311 *Geobacter* spp. Most studies on brush have shown a predominance of *Geobacter* spp. with  
312 sequences most closely related to *G. sulfurreducens*. We infer from such studies that the presence  
313 of *Geobacter* is important for producing high-power densities in these studies. Also, using a  
314 bacterial inoculum enriched in *Geobacter*, such as media or biofilms from existing MFCs, can  
315 decrease startup time and increase power production of newly inoculated air-cathode MFCs.<sup>87-90</sup>  
316 Thus, members of the genus *Geobacter* appear to be ubiquitous in nature, and they become  
317 dominant on anodes operated under the highly-selective conditions in acetate-fed, brush anode and  
318 air-cathode MFCs.

319

### 320 **MFC Performance with Glucose versus Acetate**

321 Acetate and glucose have most commonly been used as single substrate fuels in MFCs,<sup>32</sup>  
322 particularly in studies examining the impact of the cathode on power production.<sup>33, 40, 59, 91, 92</sup> The  
323 use of a defined medium provides consistent solution chemistry for evaluating the cathode  
324 performance, which could be obscured by changes in wastewater composition over time.<sup>93</sup> The  
325 anodes of MFCs that produce high power usually contain a high proportion of *Geobacter* species,  
326 usually *G. sulfurreducens*, which is only able to use simple volatile fatty acids such as acetate and  
327 lactate, but not glucose. Thus, glucose must first be fermented by other microorganisms in order  
328 to enable these exoelectrogens to produce current. In tests from a number of different laboratories  
329 where Pt catalyst cathodes were used, the average maximum power density was  $0.86 \pm 0.26 \text{ W m}^{-2}$



330 <sup>2</sup> with glucose substrate, compared to  $1.21 \pm 0.55 \text{ W m}^{-2}$  ( $n=7$ ) among several different laboratories  
331 using acetate (Figure 5). When alternative cathodes were tested using glucose as the substrate, the  
332 power densities in different studies averaged  $1.08 \pm 0.45 \text{ W m}^{-2}$ , which was not significantly  
333 different ( $p=0.55$ ) than  $1.24 \pm 0.40 \text{ W m}^{-2}$  calculated using alternative cathodes with acetate  
334 (Figure 5). Thus, there seemed to be no noticeable increase in power using acetate compared to  
335 glucose, but concentrations of the fuel could impact the concentrations of acetate available for  
336 power generation, and thus result in different maximum power densities in polarization tests.  
337 Because glucose must first be fermented to acetate, polarization tests need to be done under  
338 conditions where acetate concentrations in the medium have increased, and therefore polarization  
339 tests should be not conducted beginning of a fed batch test as often done when acetate is used as  
340 the fuel in an MFC.

341

## 342 **Outlook**

343 A comparison of MFC results under conditions intended to be identical shows that there is a  
344 wide variation in maximum power densities, even when using identical materials. Part of this  
345 variability could be due to other factors that impact comparisons of performance between different  
346 laboratories. For example, the method used to collect polarization data can be important. It has  
347 been shown that rapid voltage scans using a potentiostat show apparent increases in maximum  
348 power densities compared to steady state values at a fixed resistance.<sup>94</sup> For fed-batch tests, a slow  
349 scan rate should be set when a potentiostat is used to obtain polarization data. When using fixed  
350 resistors in the external circuit, the best results are obtained by using a single resistor for the whole  
351 cycle, with multiple cycles used with different resistors (multiple cycle tests).<sup>94</sup> Resistors can be  
352 changed over a single cycle, but sufficient time must be allowed at each resistance to enable  
353 pseudo-steady states (single cycle method). Acclimation to a high external resistance, followed by



354 polarization tests using much lower resistances, can also lead to power overshoot (a doubling back  
355 of the power density curve as resistance is lowered) and underestimation of maximum power  
356 densities possible if the MFCs are acclimated under lower resistances.<sup>95, 96</sup>

357 These results show that improved cathode performance with alternative materials is often  
358 unsupported by lack of data with Pt controls, or power densities using Pt controls that are less than  
359 those expected based on tests by others. Power densities with Pt catalyst cathodes, in 50 mM PBS  
360 with 4-cm cube reactors and brush anodes, should typically average around 1.38 W m<sup>-2</sup>. In cases  
361 where values are significantly below this value, new reactors should be started up using effluent  
362 from a well performing MFC, and power densities in this range confirmed using new Pt catalyst  
363 cathodes. At this point, alternative cathode materials can be tested with confidence to examine  
364 their performance. Meanwhile, electrochemical half-cell can be used to further characterize the  
365 catalytic activity and kinetics of alternative catalysts. A comparison of new materials, solutions,  
366 or microorganisms under conditions similar to previous studies will help in understanding the  
367 factors that impact performance of MFCs for electricity generation using single substrates as well  
368 as wastewaters.

369

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373 and Technology (KAUST).

374

### 375 **Associated content**

376 Supporting information available: copies of a spreadsheet of the data used to make the  
377 comparisons, with references. This material is available free of charge via the internet.

378

**379 Broader Context**

380 Microbial fuel cells (MFCs) have been widely studied for more than a decade as a sustainable  
381 strategy for generating electricity from organic matter in wastewater while accomplishing  
382 wastewater treatment. Power densities have improved through the use of different electrode  
383 materials, architectures (varied electrode sizes, spacing and liquid volume), and solution  
384 (electrolyte) chemistry. However, power densities reported after changing one part of the MFC,  
385 such as the cathode, can be higher or lower than those reported by others. In order to determine  
386 more accurately how specific changes in MFC materials and solution chemistry impact power  
387 production, we reviewed power densities reported by many groups around the world that all used  
388 an MFC with the same architecture. We show that even under exactly the same baseline materials  
389 and operating conditions, there are substantial variations in power densities reported by different  
390 researchers even within the same laboratory. Our analysis suggests that claimed improvements in  
391 power production must be substantiated by more than a 15% increase relative to control  
392 experiments conducted at the same time, and not through comparison to values reported in the  
393 literature.

394

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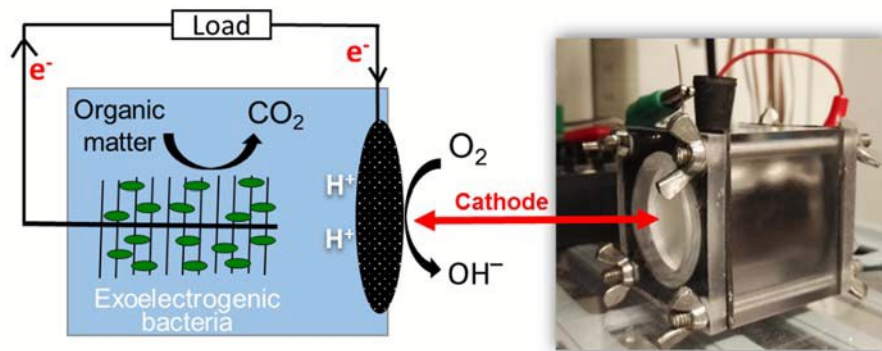
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528 **Table of Contents**

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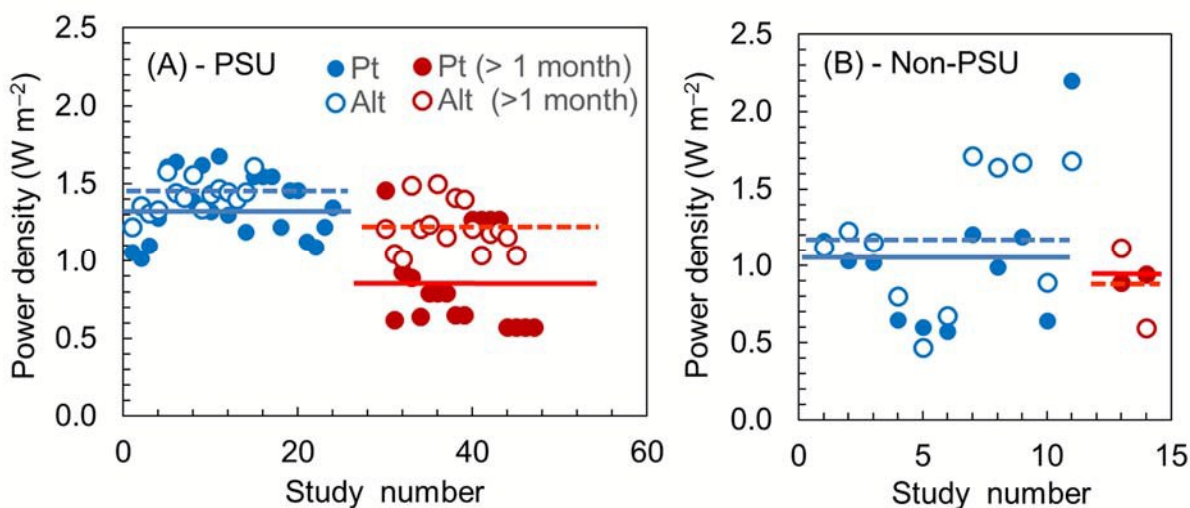


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532 A review of the literature using cube-type microbial fuel cell reveals the extent in variability of  
533 power production.



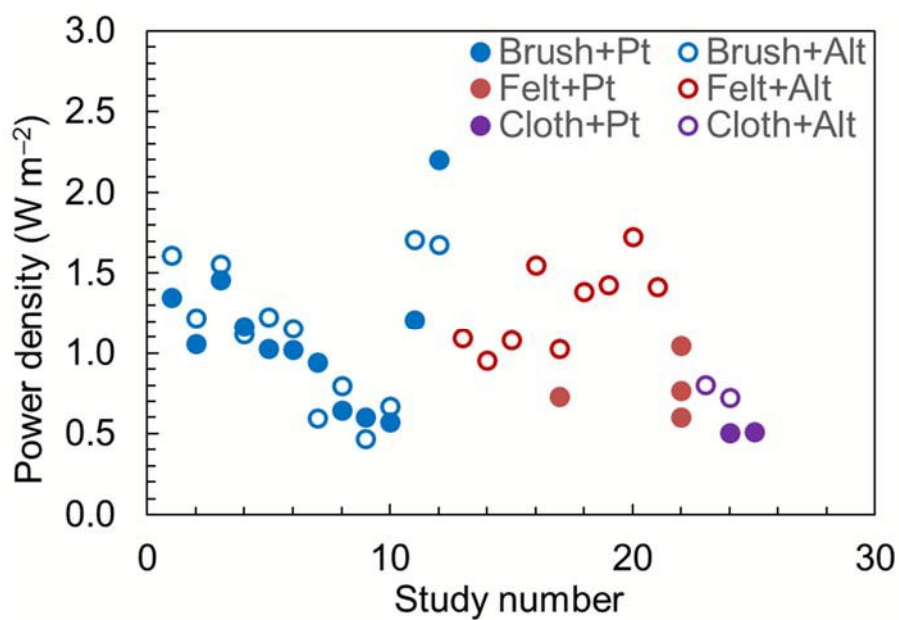
534 **Figures**

535

536 **Figure 1.** (A) Power density values for Pt control and alternative cathodes in short term (blue) and  
537 long term (>1 month; red) tests from the same laboratory (PSU). (B) Power density values for Pt  
538 control and alternative cathodes from other groups. (Solid lines, average power densities for  
539 platinum cathodes; dashed lines, average power densities for alternative cathodes).

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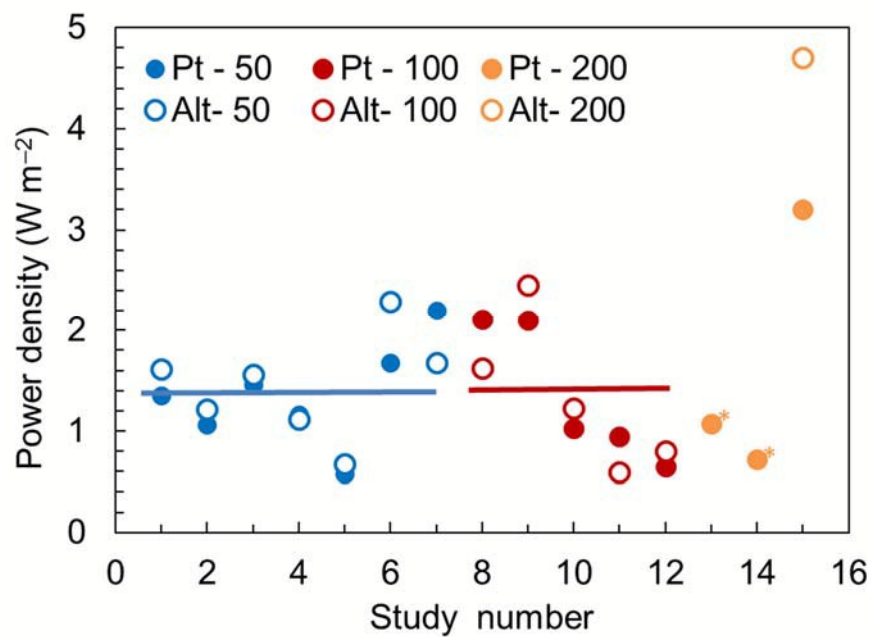
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543 **Figure 2.** Power densities for Pt (control) and alternative cathode catalysts with different types of  
544 anodes (brush, carbon felt and carbon cloth).

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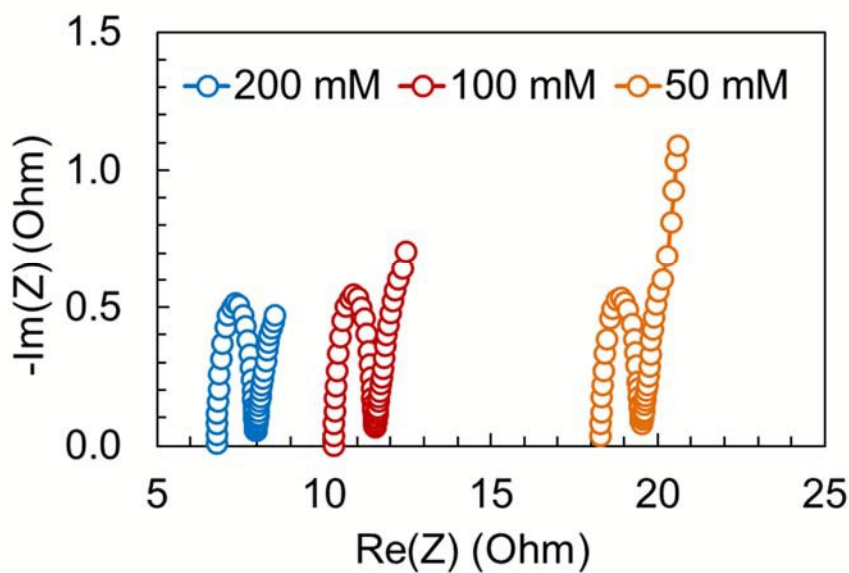
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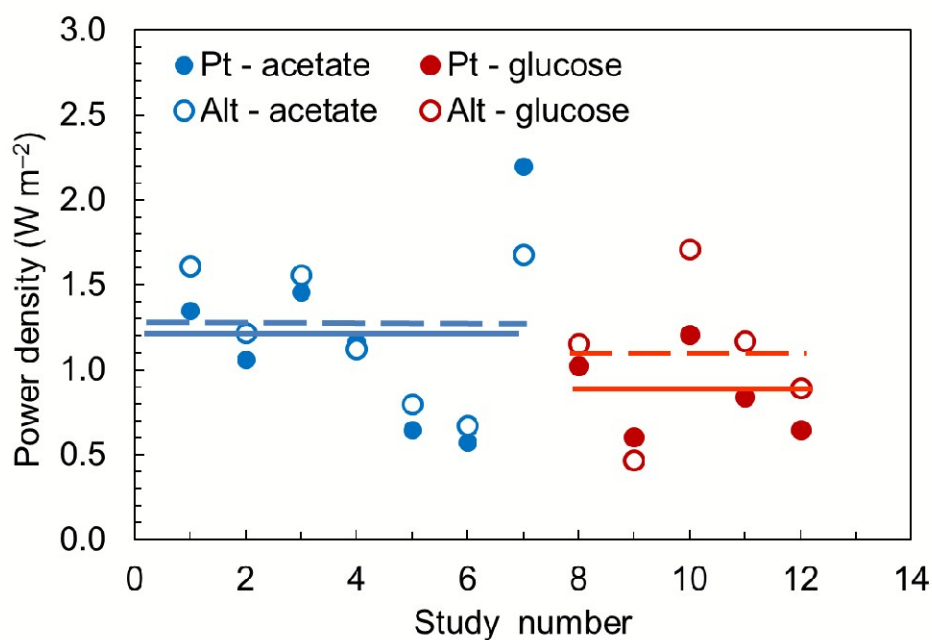
547

548 **Figure 3.** Power densities for Pt (control) and alternative cathode catalysts in 50, 100 and 200 mM  
549 PBS (\*, not brush anode). (Solid lines, average power densities for platinum cathodes.)

550



551  
552 **Figure 4.** Electrochemical impedance spectroscopy (EIS) curves for activated carbon cathode in  
553 50, 100 and 200 mM PBS.



554

555

556

557 **Figure 5.** Power density values for Pt control and alternative cathodes fed with acetate and glucose.  
558 (Solid lines, average power densities for platinum cathodes; dashed lines, average power densities  
559 for alternative cathodes).

560