

1     **Fate and persistence of a pathogenic NDM-1-positive *Escherichia coli***  
2                     **strain in anaerobic and aerobic sludge microcosms**

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19     **Running title:** Decay of NDM-positive *E. coli*

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21     **Key words:** Persister cells, bacterial decay, extracellular DNA decay, antibiotic

22     resistance genes, horizontal gene transfer, wastewater treatment

23 **ABSTRACT**

24 The presence of emerging biological pollutants in treated wastewater effluents has gained  
25 attention due to increased interest in water reuse. To evaluate the effectiveness of the  
26 removal of such contaminants by the conventional wastewater treatment process, the fate  
27 and decay kinetics of NDM-1-positive *Escherichia coli* strain PI7 and its plasmid-  
28 encoded antibiotic resistance genes (ARGs) were assessed in microcosms of anaerobic  
29 and aerobic sludge. Results showed that *E. coli* PI7 decayed at a significantly slower rate  
30 under anaerobic conditions. Approximate half-lives were  $32.4 \pm 1.4$  h and  $5.9 \pm 0.9$  h in  
31 the anaerobic and aerobic microcosms, respectively. In the aerobic microcosms, after 72  
32 h of operation, *E. coli* PI7 remained detectable but no further decay was observed.  
33 Instead, 1 in every 10000 *E. coli* cells was identified to be recalcitrant to decay and  
34 persist indefinitely in the sludge. ARGs associated with the *E. coli* PI7 were detected to  
35 have transferred to other native microorganisms in the sludge, or are released to the liquid  
36 fraction upon host decay. Extracellular DNA quickly degraded in the liquid fraction of  
37 the aerobic sludge. In contrast, no DNA decay was detected in the anaerobic sludge water  
38 matrix throughout the 24 h sampling period. This study suggests an increased likelihood  
39 of environmental dispersion of ARGs associated with anaerobically treated wastewater  
40 effluents and highlights the potential importance of persister cells in the dissemination of  
41 *E. coli* in the environment during reuse events of treated wastewater.

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45 **IMPORTANCE**

46 This study examines the decay kinetics of a pathogenic and antibiotic resistant strain of  
47 *Escherichia coli* in microcosms simulating biological treatment units of aerobic and  
48 anaerobic sludge. The results of this study points at a significantly prolonged persistence  
49 of the *E. coli* and the associated antibiotic resistance gene in the anaerobic sludge.  
50 However, horizontal transfer of the plasmid encoding the antibiotic resistance gene were  
51 detected in the aerobic sludge by cultivation method. Detection of a subpopulation of  
52 persister *E. coli* were also detected in the aerobic sludge. The findings of this study  
53 suggest potential areas of concern arising from pathogenic and antibiotic-resistant *E. coli*  
54 during both anaerobic and aerobic sludge treatment processes.

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60 **INTRODUCTION**

61 In most wastewater treatment plants (WWTPs), aerobic activated sludge  
62 processes are conventionally used as the main biological unit to achieve removal of  
63 organic materials from wastewater but such systems incur a large energy cost (1).  
64 Anaerobic digesters are increasingly being considered for use as an alternative process  
65 for wastewater treatment due to their various advantages (2). Energy can be recovered  
66 from the wastewater in the form of methane produced from anaerobic fermentation of the  
67 organic carbon, and the amount of sludge produced from anaerobic processes is lower  
68 than that from aerobic processes (1).

69 However, municipal wastewater often contains sub-therapeutic levels of antibiotic  
70 residues, and the continuous exposure to antibiotics can select for antibiotic-resistant  
71 bacteria (ARB) within both aerobic and anaerobic sludge processes. In recent years,  
72 WWTPs had been shown to be potential hotspot for ARB and antibiotic resistance genes  
73 (ARGs) propagation (3). Despite having undergone treatment, the treated municipal  
74 wastewater can still contain a significant amount of ARB and ARGs. To exemplify, an  
75 earlier study has shown that the treated effluents that ultimately would be intended for  
76 reuse or discharged into receiving water bodies, carried about  $10^6$ - $10^{11}$  heterotrophic  
77 colony forming units (CFU) per cubic meter (4, 5), from which 16-28% correspond to  
78 ARB (5). In another study,  $10^7$ - $10^9$  copies of diverse tetracycline resistance genes had  
79 been found in each cubic meter of chlorinated effluents (4). To further compound this  
80 problem, genes that confer resistance to carbapenems (i.e., *bla<sub>NDM-1</sub>*), which are  
81 antibiotics used as a last line of defense against multidrug resistant infections (6, 7), were

82 also detected at alarming levels in final effluents, approaching  $10^9$  copies per cubic meter  
83 of treated wastewater (8).

84 This problem is of particular concern in water-scarce countries with pressing  
85 needs to reuse the treated wastewater. The incidence of bacterial pathogens carrying  
86 ARGs that confer resistance to antibiotics of last resort (e.g. *bla*<sub>NDM-1</sub>-positive pathogenic  
87 *Escherichia coli*) require particular attention, as the reuse of such treated wastewater  
88 effluents might pose a potential risk to the public health if disseminated into the  
89 environment during reuse events (4). As a first step to assess the risk associated to  
90 wastewater reuse, it is necessary to understand the differential fate and persistence of  
91 ARBs and ARGs in the main biological treatment unit of both, anaerobic and aerobic  
92 wastewater treatment systems. Few studies comparing the differential aerobic/anaerobic  
93 ARG removal have been performed and showed conflicting information. Molecular  
94 studies by Diel et al. (9) and Burch et al. (10) found that ARGs tend to be removed more  
95 efficiently under anaerobic conditions. However, other studies suggest that combined  
96 anaerobic-aerobic (11), or on the contrary, completely aerobic conditions are more  
97 efficient at removing ARGs and ARBs from wastewater (12).

98 Although informative, these earlier studies rely purely on the molecular-based  
99 detection and do not examine the factors potentially shaping the decay or persistence of  
100 the ARG and the ARB host in the sludge. The formation of specialized persister cells is a  
101 strategy adopted by different types of bacteria such as *E. coli* to endure harsh  
102 environmental conditions (13). These cells are dormant variations of vegetative cells that  
103 occur at low frequencies within the bacterial population, and are commonly known for its  
104 capacity to withstand supra-lethal concentrations of antibiotics (13-15). The contribution

105 of persists to the establishment of chronic infections in several pathogens is well  
106 documented (16-18). However, little is known about its contribution to the ARB survival  
107 in aerobic and anaerobic sludge. Neither did the earlier studies examine the factors  
108 shaping the decay or persistence of the ARGs associated with the antibiotic-resistant host  
109 in both anaerobic and aerobic sludge. These factors include the stability and persistence  
110 of ARGs as extracellular DNA, and the potential for horizontal gene transfer (HGT)  
111 events when the ARG is encoded on a conjugative plasmid.

112 In this study, *Escherichia coli* PI7 was used as a model bacterium to examine the  
113 existing knowledge gaps associated with the fate and persistence of ARB and ARG in  
114 anaerobic and aerobic sludge. This bacterium was previously isolated from wastewater  
115 and carries an extensive repertoire of ARG, including a copy of *bla<sub>NMD-1</sub>*, in a plasmid of  
116 the IncF family and earlier identified as pKOX\_NDM1 (19). In the recent decade, *bla<sub>NDM-1</sub>*  
117 has undergone a pandemic spread among clinically relevant bacteria (20, 21). It has also  
118 been detected at alarming levels in different environmental compartments, including  
119 water (22, 23), soil (24) and wastewater (8, 25). Given the importance of wastewater in  
120 the environmental mobilization of ARBs and ARGs, we aim to evaluate the fate and  
121 persistence of our model bacterium *E. coli* PI7, and its associated IncF plasmid in  
122 anaerobic and aerobic sludge microcosms under varying trace antibiotic concentrations.  
123 Using molecular tools, this study evaluates the plasmid stability, host persistence and  
124 HGT events in anaerobic and aerobic conditions. Chromosomal and plasmidic decay  
125 rates were measured by quantitative PCR coupled with propidium monoazide to  
126 discriminate between dead cells and extracellular DNA from cells with intact cell

127 membranes. In addition, the potential stability of extracellular DNA in the liquid fraction  
128 of anaerobic and aerobic sludge was also evaluated.

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## 131 RESULTS

132 **Differential decay of  $bla_{NDM-1}$  in anaerobic and aerobic sludge microcosms.** Under  
133 anaerobic conditions,  $bla_{NDM-1}$  decayed following a first-order decay kinetic model ( $R^2 >$   
134 0.935, Figure 1a). After 360 h of operation,  $bla_{NDM-1}$  copy numbers decreased by 2.5-log  
135 from  $10^8$  to  $10^6$  copies/g biomass. This decrease in the  $bla_{NDM-1}$  copy numbers  
136 corresponded to first-order decay rates of  $-0.021 \pm 0.002 \text{ h}^{-1}$  ( $t_{1/2} = 32.9 \pm 2.8 \text{ h}$ ) and -  
137  $0.021 \pm 0.001 \text{ h}^{-1}$  ( $t_{1/2} = 32.3 \pm 1.7 \text{ h}$ ) for the non-treated (NTB) and PMA-treated biomass  
138 (PTB) fractions, respectively (Figure 1a, Table 1).

139

140 Under aerobic conditions,  $bla_{NDM-1}$  decay in the biomass fraction showed a biphasic  
141 behavior (Figure 1b). An initial 4-log removal in copy numbers from  $10^8$  to  $10^4$  copies /g  
142 biomass during the first 72 h of reactor operation was observed. Phase-I fits a first-order  
143 decay kinetic model ( $R^2 > 0.83$ ) with a decay rate of  $-0.1049 \pm 0.019 \text{ h}^{-1}$  ( $t_{1/2} = 6.6 \pm 1.2 \text{ h}$ )  
144 and  $-0.1196 \pm 0.014 \text{ h}^{-1}$  ( $t_{1/2} = 5.8 \pm 0.7 \text{ h}$ ; Figure 1b, Table 1) for the NTB and PTB  
145 fractions, respectively. Similar to the anaerobic conditions, differences in the  $bla_{NDM-1}$   
146 decay rates of the two fractions were not statistically significant ( $p = 0.92$ ). After 72 h of  
147 aerobic exposure, the decay was then followed by a plateau in Phase-II, with NTB and  
148 PTB decay rates of  $-0.007 \pm 0.005 \text{ h}^{-1}$  ( $R^2 = 0.917$ ) and  $-0.005 \pm 0.012 \text{ h}^{-1}$  ( $R^2 = 0.917$ ),  
149 respectively. No statistically supported differences were observed between NTB and PTB  
150 decay rates, suggesting that most of the detected  $bla_{NDM-1}$  is harbored within cells with

151 intact cell membranes. PTB decay rates (associated with cells with intact membranes)  
152 were statistically undistinguishable from a decay of zero ( $p = 0.26$ ). Instead, *bla*<sub>NDM-1</sub>  
153 abundance stabilized at  $10^5$  copies/g biomass.

154

155 **Decay of *bla*<sub>NDM-1</sub> correlates with the *E. coli* PI7 chromosomal decay.** Due to the  
156 plasmidic origin of *bla*<sub>NDM-1</sub>, the decay kinetics of this ARG might be explained by i)  
157 plasmid loss or ii) cellular decay of the bacterial host. To determine which of these two  
158 factors mainly explained the *bla*<sub>NDM-1</sub> decay observed in the microcosms, we compared  
159 the PTB decay rates of *bla*<sub>NDM-1</sub> (informative of plasmid decay rates) with the PTB decay  
160 rates of a chromosome-encoded gene (*uidA*). In the anaerobic microcosms, both target  
161 genes decayed at the same rate ( $p = 0.32$ ) (Figure 1c). Similarly, under aerobic  
162 conditions, Phase-I and plateau *bla*<sub>NDM-1</sub> and *uidA* decay rates were statistically  
163 indistinguishable among all tested trace antibiotic concentrations ( $0.19 > p > 0.50$ )  
164 (Figure 1d). *uidA* was initially spiked in the microcosm experiments at a frequency of  $10^9$   
165 copies / g biomass, and stabilized at  $10^5$  copies/ g biomass during the plateau phase.  
166 These results suggest the presence of a recalcitrant subpopulation of *E. coli*, occurring at  
167 a frequency of  $10^{-4}$  (plateau *uidA* copies / initial *uidA* spiking). The occurring frequency  
168 of recalcitrant *uidA* copies coincides with the frequency of persister cells of *E. coli* PI7 in  
169 pure culture (Figure 2).

170

171 **Trace antibiotic concentrations do not influence the persistence of *E. coli* PI7 or its**  
172 **associated ARGs.** The results from the previous section suggest that *bla*<sub>NDM-1</sub> decay is  
173 mainly explained by the cellular decay of the *E. coli* PI7 host. As residual antibiotics are



174 commonly found in wastewater (26), there is a latent possibility that such trace antibiotic  
175 concentrations might provide a selective advantage to *E. coli* PI7 in the sludge, and  
176 consequently prolong the persistence of *bla*<sub>NDM-1</sub>. To evaluate this possibility, the decay  
177 of *bla*<sub>NDM-1</sub> and *uidA* was assessed in the anaerobic microcosms at 0 and 100 µg/L of  
178 meropenem, and at 0, 1, 10 and 100 µg/L of meropenem in the aerobic microcosms. None  
179 of the selected meropenem concentrations influenced *bla*<sub>NDM-1</sub> or *uidA* decay kinetics in  
180 either anaerobic or aerobic conditions (Figure S1 and S2). NTB and PTB decay rates  
181 (Table 1) at the different antibiotic concentrations were also not statistically different  
182 from their respective controls ( $p > 0.15$ ) (i.e., reactors without antibiotic).

183

184 **Activated sludge as reservoir for ARGs upon *E. coli* PI7 decay.** Due to the plasmidic  
185 origin of *bla*<sub>NDM-1</sub>, the sludge biomass might act as sink for this gene through plasmid  
186 conjugation. Accordingly, HGT was assessed by culture-based methods. After 72 h of  
187 operation, transconjugants were recovered from the aerobic microcosm at three sampling  
188 points (Figure 1d), and at an average frequency of 10<sup>3</sup>-10<sup>4</sup> CFUs/g of biomass (SI-1).  
189 Further Sanger-based sequencing revealed that the transconjugants are *bla*<sub>NDM-1</sub>-positive  
190 isolates of *Enterobacteriaceae* belonging to *Shigella* and *Citrobacter* genera. No HGT  
191 events were detected by culture-dependent methods in the anaerobic microcosms.

192

193 **Differential decay of colloidal DNA between anaerobic and aerobic liquid fractions.**

194 Upon *E. coli* PI7 cellular decay, *bla*<sub>NDM-1</sub> was detected in the supernatant fraction of the  
195 microcosm experiments by end-point PCR (data not shown). To evaluate the potential  
196 persistence of extracellular DNA in liquid fractions of anaerobic and aerobic sludge

197 fractions, a separate experiment was carried out. Naked plasmidic DNA was spiked in a  
198 dialysis cassette and its decay was tracked by qPCR and electroporation assays in *E. coli*  
199 TOP10. As sequence-dependent DNA flexibility determines the cleave rate mediated by  
200 DNase I (27), the decay rates of the cloning vector do not necessarily represent the decay  
201 rates of *bla*<sub>NDM-1</sub> plasmid. Specifically, given the larger size of the *bla*<sub>NDM-1</sub> plasmid (ca.  
202 110 kbp), it may be more inclined to degrade faster than the clone vector of smaller size.  
203 Although the substitution of the clone vector may overestimate the persistence of the  
204 actual plasmid decay, this experiment is informative about the persistence potential of  
205 DNA/ARGs in anaerobic and aerobic liquid fractions. No decay was detected by qPCR  
206 or electroporation assays in *bla*<sub>NDM-1</sub> spiked into the anaerobic liquid fraction ( $p = 0.5$ )  
207 (Figure 3a and 3b). On the contrary, in the aerobic liquid fraction, *bla*<sub>NDM-1</sub> decay was  
208 detected by both qPCR and electroporation assays at a rate of  $-0.036 \pm 0.005 \text{ h}^{-1}$  ( $t_{1/2} =$   
209  $19.4 \pm 2.8 \text{ h}$ ) and  $-0.278 \pm 0.03 \text{ h}^{-1}$  ( $t_{1/2} = 2.5 \pm 0.25 \text{ h}$ ), respectively. Decay rates  
210 estimated by electroporation assays in the aerobic liquid fraction were significantly  
211 higher than those quantified by qPCR ( $p \ll 0.05$ ).

212

## 213 DISCUSSION

214 The removal of ARB, particularly those that are resistant to new class of antibiotics,  
215 from wastewater is required to protect public health during reuse events (4). Both  
216 aerobic- and anaerobic-based wastewater treatment systems are utilized for the treatment  
217 of the municipal wastewater. However, a key parameter to consider when implementing  
218 these systems would be the decay rates of ARB and ARGs in the associated sludge and in  
219 the treated wastewater effluents.

220 Using a *bla*<sub>NDM-1</sub>-positive *E. coli* PI7 isolated from wastewater as a model bacterium,  
221 it was observed that the decay of this bacterium was one order of magnitude faster in the  
222 aerobic sludge compared to the anaerobic sludge microcosms. The longer persistence of  
223 *E. coli* PI7 observed in the anaerobic condition coincides with earlier microcosm studies  
224 comparing the differential anaerobic/aerobic survival of *E. coli* in diluted fermenter  
225 sludge (28), manure, manure slurry (29, 30), drinking water (31) and activated sludge  
226 (32). These studies provide evidence that oxygen is a key factor driving decay of *E. coli*  
227 in the secondary habitat, and partly explain the longer persistence of *E. coli* PI7 in the  
228 anaerobic microcosms. Endogenous reactive oxygen species (ROS) are formed as  
229 byproducts during aerobic metabolisms (33). ROS are highly oxidative molecules that  
230 can react with cellular components and lead to cytotoxic (33-35) and mutagenic defects  
231 in the cells (36). Several detoxification mechanisms have evolved in aerobic and  
232 facultative organisms in order to cope with the deleterious effects of ROS (33, 37). Even  
233 though *E. coli* possess several of those detoxification mechanisms (33), it is possible that  
234 the cells experiencing oxidative stress undergo a decrease in fitness, and hence decayed  
235 faster in the aerobic microcosms.

236 However, the presence of oxygen is most likely not the only factor driving the decay  
237 of *E. coli* PI7 in the microcosms since decay is also observed in the anaerobic  
238 microcosms. In addition to ROS, the microbial community has been reported to play an  
239 important role in the decay of *E. coli* within the environment (38). The longer persistence  
240 of *E. coli* PI7 could also be partially explained by the fact that microbial communities in  
241 the gut and the anaerobic sludge tend to be more similar to each other, as exemplified  
242 from the predominance of *Firmicutes* and *Bacteroidetes* in both ecosystems (39), than

243 between the gut microbiota and aerobic sludge (40-42). Due to these similarities in the  
244 microbial communities *E. coli* PI7 might have acclimated better and decayed slower in  
245 the anaerobic sludge than aerobic sludge.

246 It was further observed that the decay kinetics of *E. coli* PI7 followed a biphasic  
247 decay behavior in the aerobic microcosms. This biphasic decay behavior has been  
248 documented extensively for *E. coli* and other fecal indicator bacteria (43, 44). After the  
249 initial spiking event, *bla<sub>NDM-1</sub>* and *uidA* were detected in the aerobic reactors at an average  
250 frequency of  $10^9$  copies/ g biomass. After 72 h, no further decay was observed, and both  
251 gene copy numbers plateau at an approximate frequency of  $10^5$  copies/g biomass (Figure  
252 1b). As only one copy of *bla<sub>NDM-1</sub>* or *uidA* is present per *E. coli* PI7 cell, these results  
253 indicate that 1 in 10000 cells may be recalcitrant to decay (SI-2). Previous studies on pure  
254 cultures of *E. coli* suggest this pattern resulted from heterogeneity within the bacterial  
255 population (45). We further hypothesized that the bacterial subpopulation responsible for  
256 the plateau phase phenotype corresponds to persister cells, a phenotypical variant of  
257 vegetative cells that exhibit improved tolerance to antimicrobials and other stressful  
258 environmental conditions (13). Indeed, the same *E. coli* PI7 was observed to upregulate  
259 transcriptional responses of genes related to persister cell formation upon solar irradiation  
260 (46), suggesting that *E. coli* PI7 adopts this strategy to facilitate its persistence during  
261 stressful conditions. Persisters typically occur at a fixed frequency between  $10^{-4}$  to  $10^{-6}$   
262 depending on the *E. coli* strain (14). Consequently, in all aerobic microcosms ( $n = 12$ ),  
263 the *E. coli* PI7 populations consistently stabilized at a frequency of  $10^5$  cells/ g biomass  
264 after a 4-log cell density decline (Figure 1). A further evaluation of the frequency of  
265 persister cells formation in *E. coli* PI7 revealed that for every 10000 vegetative cells, 1

266 persister cell is formed (frequency of  $10^{-4}$ , Figure 2), coinciding with the persisting cell  
267 numbers obtained in the decay experiments. Further evidence supporting the presence of  
268 persister cells in the aerobic sludge is the fact that even though *uidA* was consistently  
269 detected in PTB fractions at a frequency of  $10^5$  copies/ g sludge until the end of the decay  
270 experiments, *E. coli* PI7 was no longer recovered from the sludge by culture-based  
271 methods after 96 h of microcosm establishment (data not shown). These data suggest that  
272 *E. coli* PI7 possibly transitioned to a viable but non-culturable (VBNC) state that is  
273 consistent with the persister cell hypothesis.

274 Persister cells had been studied in clinical settings as this dormant state allows  
275 antibiotic-susceptible bacterial populations to survive antimicrobial treatments (14). To  
276 the best of our knowledge, there is only one report of environmental incidence of  
277 dormant but infective state of the fish pathogen *Pasteurella piscicida* in the environment  
278 (47). However, the importance of these specialized cells on the survival and  
279 dissemination of *E. coli* in the environment, particularly in the wastewater treatment  
280 system, has been overlooked (48). The occurrence of persisters of pathogenic strains in  
281 the sludge (such as *E. coli* PI7) has implications on the management and disposal of the  
282 sludge originating from WWTPs and their respective treated effluents. As this  
283 subpopulation of bacteria exhibits high tolerance to antimicrobials, this raises the  
284 question on whether our current disinfection practices are effective at fully inactivating  
285 persisters of pathogenic bacteria that remained in the treated wastewater. This can raise  
286 potential concerns when treated wastewater is intended for reuse, as improper  
287 inactivation might represent a direct risk to the public health.

288 An earlier study in reactors treating wastewater have suggested that as a general  
289 trend, ARGs are removed more efficiently in anaerobic conditions (9). However, in the  
290 study by Diehl and LaPara (9), the anaerobic reactors were operated at a longer solid  
291 retention time (SRT) compared to the aerobic reactors. This difference in the operational  
292 parameters of both systems makes it difficult to determine whether the improved ARG  
293 removal corresponded to factors related to the anaerobic/aerobic condition or to  
294 differences in the SRTs of both types of systems. Nonetheless, it is important to  
295 highlight that Diehl and LaPara (9) observed that some particular ARGs showed  
296 prolonged persistence under the anaerobic condition, suggesting that the differential ARG  
297 decay is dependent on each particular ARG. In agreement with this observation, Burch  
298 and collaborators (10) concluded that the removal rates of ARGs vary substantially  
299 depending on the specific ARG. In a more detailed study, Rysz and collaborators (49)  
300 indicated that the effect of oxygen availability in the maintenance of tetracycline  
301 resistance genes is also dependent on the host cell, or more specifically, in the particular  
302 plasmid-host pair. Anaerobic conditions lead to complete loss of a plasmid carrying the  
303 tetracycline resistance gene (RP1 plasmid) in *Pseudomonas aeruginosa*, while *E. coli*  
304 retained its tetracycline resistance plasmid (pSC101) for over 500 generations. Both  
305 pSC101 and the *bla<sub>NDM-1</sub>*-plasmid harbored by *E. coli* PI7 (pKOX\_NDM-1) carry a toxin-  
306 antitoxin system that might improve their retention in the *E. coli* host. Moreover, both  
307 plasmids belong to the IncF family, which show high stability in *Enterobacteriaceae* (50-  
308 53). These two factors shared by pSC101 and pKOX\_NDM-1 might have accounted for  
309 their retention under energy-deprived anaerobic conditions. As the particular interaction

310 of pKOX\_NDM-1 and *E. coli* PI7 is highly stable, cellular decay (*E. coli* PI7 decay) is  
311 the main factor driving the decay kinetics of *bla*<sub>NDM-1</sub> in our microcosm experiments.

312 In a complex microbial community where competition for resources takes place (43),  
313 we expected that the addition of meropenem would have resulted in increased fitness of  
314 *E. coli* PI7 in the anaerobic and aerobic sludge. On the contrary, such antibiotic  
315 concentrations did not provide an evident selective advantage to *E. coli* PI7 that resulted  
316 in prolonged persistence. It is important to highlight that *bla*<sub>NDM-1</sub> is fully functional in *E.*  
317 *coli* PI7 (MIC of 64 µg/mL (25)), suggesting that the possible adaptive advantage  
318 imposed by the meropenem addition might be negligible compared to the other negative  
319 pressures experienced by *E. coli* in the sludge environment.

320 Although we did not detect any effects of trace antibiotic concentration on the  
321 survival of *E. coli* PI7 or *bla*<sub>NDM-1</sub> persistence, other studies had suggested that exposure  
322 to sub-lethal antibiotic and disinfectant concentrations stimulate the plasmid conjugation  
323 rates in activated sludge (54) and in water (55). Indeed, transconjugants were recovered  
324 from the aerobic microcosms. As IncF plasmids are unique to *Enterobacteriaceae* (56),  
325 all transconjugants isolated fall within this taxonomical unit, which includes many genera  
326 associated with waterborne pathogens such as *Salmonella*, *Yersinia*, *Klebsiella*, *Shigella*,  
327 *Citrobacter* etc. (57, 58). In contrast, no transconjugants were recovered from the  
328 anaerobic microcosms, most likely because such HGT events took place with fastidious  
329 bacteria highly prevalent in anaerobic environments (59), and that these bacteria cannot  
330 be easily cultivated. Similarly, after 120 h of aerobic microcosm establishment,  
331 transconjugants were no longer recovered from the aerobic sludge (Figure 1d). Lower  
332 plasmid stability of the new host-plasmid interaction is a plausible explanation for the

333 loss of transconjugants recovery. However, IncF plasmids are highly stable in  
334 *Enterobacteriaceae* (50-53), and such stability is likely improved by the toxin-antitoxin  
335 system (25). Due to the phylogenetic proximity of *Shigella* and *Citrobacter* to *E. coli*  
336 (60), it is speculated that this plasmid might also be stable in these hosts. Hence, an  
337 alternative explanation for the lack of transconjugant recovery is the loss of culturability  
338 of such bacteria since the progression to a viable but non-culturable (VBNC) state is a  
339 survival strategy widely common in diverse groups of bacteria (61).

340 The contribution of HGT and the factors affecting the dissemination of plasmids in  
341 activated sludge have been well-documented in laboratory conditions. These factors  
342 include plasmid-host-range (62), sludge retention times (63), stressful environmental  
343 conditions (54) and host/donor phylogenetic affiliations (64). Significant enrichment of  
344 the ratios of multiple ARGs compared to 16S rRNA genes throughout the wastewater  
345 treatment process confirms the potential for mobility and proliferation of ARGs within  
346 the activated sludge microbial communities in full-scale treatment systems (65). *bla<sub>NDM-1</sub>*  
347 HGT events involving activated sludge microorganisms and soil bacteria had also been  
348 reported (8). In agreement with these studies, our results emphasizes the role of activated  
349 sludge as environmental reservoir of plasmid-encoded ARGs, as well as their potential  
350 role in mediating the dissemination of ARGs into the environment and to other  
351 *Enterobacteriaceae*.

352 Subsequently, upon cellular decay of *E. coli* PI7 and the previously identified  
353 transconjugants, *bla<sub>NDM-1</sub>* can be released to the non-settleable or colloidal fraction of the  
354 sludge. The pDNA decay experiments showed that although the decay at the gene level is  
355 considerably slower (measured by qPCR), the fragmentation process of naked DNA in



356 the liquid aerobic fraction leads to a rapid decay in the replicative structure of the plasmid  
357 (measured by electroporation assays). Circular plasmids replicate by rolling-circle, strand  
358 displacement or theta replication. In these three replication mechanisms, the circular  
359 structure of at least one DNA strand must be maintained in order to complete the  
360 replication cycle (66). A single double-strand break would linearize the plasmid, resulting  
361 in the disruption of the replication process by any of these mechanisms. Ultimately, the  
362 lack of replicative functions would compromise the ability of the plasmid to be  
363 disseminated and maintained in the transformed bacterial host.

364 DNA degradation in the environment is a complex multifactorial process  
365 involving chemical and biological aspects (67). DNase-mediated degradation is the main  
366 biological process driving the decay of extracellular DNA in the environment (68, 69),  
367 while low temperatures, high salinity, high levels of organic matter and anoxic  
368 environments are some of the physicochemical factors that contribute to the preservation  
369 of environmental DNA (67, 70). Determining the factors influencing the persistence of  
370 DNA in sludge liquid fraction is out of the scope of this study. However, it was identified  
371 that DNA persisted for a longer time in the liquid fraction of the anaerobic sludge  
372 compared to that of the aerobic sludge, ultimately increasing the probability of  
373 subsequent *bla*<sub>NDM-1</sub> uptake and fixation by environmental bacteria. In a previous study, it  
374 was found that membranes of 100 kDa and smaller could achieve significant removal of  
375 ARGs, attaining up to 4.5-log removal of colloidal DNA (71). Hence, coupling  
376 membrane separation with the activated sludge process, can serve to mitigate microbial  
377 risk associated with the presence of persisters and extracellular DNA in the treated  
378 effluent.

379 In summary, the results from this study highlights the higher potential of  
380 dissemination of *E. coli* PI7 and ARGs associated to prolonged host and extracellular  
381 DNA persistence in anaerobic sludge. In the aerobic sludge, this study demonstrates  
382 transconjugation of plasmids encoding ARG to compatible bacteria within the sludge,  
383 highlighting the likelihood of potential horizontal gene transfer events. Furthermore, this  
384 study emphasizes the potential importance of persister cells in the survival and  
385 dissemination of enteric pathogens into then natural environment and suggest a certain  
386 extent of indirect and direct risk on the public health imposed by the presence of persister  
387 cells of pathogenic strains remaining in the sludge and effluents of WWTP.

388

## 389 MATERIALS AND METHODS

390 **Microcosm preparation.** Two sets of microcosm experiments, representing anaerobic  
391 and aerobic biological reactors, were established in 1 L sterile Pyrex bottles. Anaerobic  
392 and aerobic microcosms were seeded with 800 mL (mix liquor suspended solids, MLSS  
393 of 4-5 g/L) of sludge from a lab-scale anaerobic bioreactor (39) and an aerobic full-scale  
394 WWTP, respectively. The sludge in the anaerobic bioreactor is comprised of camel feces  
395 and anaerobic sludge from an industrial WWTP in Riyadh, and the anaerobic bioreactor  
396 had been in operation for more than 3 years (39, 72, 73). The full-scale WWTP was  
397 located at King Abdullah University of Science and Technology in Thuwal, Saudi  
398 Arabia, and had a capacity of 1600 m<sup>3</sup>/day. Hydraulic retention time (HRT) and sludge  
399 retention time (SRT) in the activated sludge tank were 2.5 h and 40 d, respectively. The  
400 sludge tanks were operated at an average temperature of 33 °C, 1-2 mg/L of dissolved  
401 oxygen and pH 7-8. Sludge for each replicate run (n = 3) was recovered at three different

402 time points scattered along a one-year period for both anaerobic and aerobic seed sludge.  
403 Prior to the *E. coli* PI7 spiking event, the seed sludge was acclimated for 10 d and  
404 screened for the presence of *bla*<sub>NDM-1</sub> or *uidA*. No *bla*<sub>NDM-1</sub> or *uidA* copies were detected in  
405 anaerobic and aerobic sludge by both end-point PCR and cultivation methods before *E.*  
406 *coli* PI7 spiking.

407

408 **Decay experiments.** The *E. coli* PI7 inoculum to be spiked into the microcosms was  
409 grown in LB broth at 37 °C for 8 h to an OD<sub>600</sub> of 0.7. Once this cell density was reached,  
410 100 mL of culture were spiked into each microcosm, resulting in a final volume of 900  
411 mL per microcosm. The addition of this large quantity of *E. coli* PI7 into each individual  
412 microcosm, albeit not representative of actual conditions in WWTP, was similar to  
413 approach undertaken by earlier studies (74, 75). The high cell density spiked into the  
414 microcosm was required to ensure final cell density upon decay remains within the limits  
415 of detection by qPCR, and to also allow detection of subpopulations (e.g. persister cells)  
416 that generally occur in low cell densities. Decay experiments were performed at different  
417 trace antibiotic concentrations. In the anaerobic microcosms, decay was evaluated at 0  
418 and 100 µg/L of meropenem (n = 2 per replicate run) (Sigma-Aldrich, St Louis, MO,  
419 USA). In the aerobic microcosm, concentrations of 0, 1, 10 and 100 µg/L of meropenem  
420 were tested (n = 4 per replicate run). Anaerobic microcosms were not tested with 1 and  
421 10 µg/L meropenem because of the low sludge production from anaerobic bioreactor, and  
422 this restricted the number of microcosms that can be set up. Concentrations were chosen  
423 to represent the concentration range of organic micropollutants commonly reported in  
424 municipal wastewater (76, 77). Three independent replicate runs for each aerobic and

425 anaerobic set-up were performed, comprising a total of 6 and 12 anaerobic and aerobic  
426 microcosm respectively. Microcosms were operated as sequencing batch reactors at a  
427 constant temperature of 37 °C. The aerobic microcosms were aerated with atmospheric  
428 air at 250 mL/min, while the anaerobic microcosms were established in air-tight bottles  
429 and mechanically stirred at 250 rpm. To prevent oxygen intrusion, anaerobic microcosms  
430 were established and sampled in a vinyl anaerobic chamber (COY Lab Products, MI,  
431 USA). After each feeding/sampling event, anaerobic microcosms were purged with  
432 99.9% nitrogen for 15 min. MLSS and pH were measured every 24 h for all microcosms,  
433 and pH was maintained at  $7.2 \pm 0.4$  using HEPES buffer at a final concentration of 25  
434 mM. Daily, 100 mL of liquid was removed from the aerobic and anaerobic microcosms,  
435 and replaced with synthetic wastewater (39) that had the corresponding concentration of  
436 antibiotic, achieving a food-to-microorganism ratio (F/M) of 0.2. Biomass was separated  
437 from the non-settleable liquid fraction by centrifugation at 9800 g for 20-30 min in a  
438 sterile ultracentrifuge bottle, and re-introduced into the respective microcosm.

439

440 **Sample processing.** At each sampling event, 14 mL of sludge was collected from each  
441 microcosm and used for i) total biomass DNA isolation (2 mL), ii) sludge exposure to  
442 propidium monoazide, PMA (0.5 mL) and iii) detection of horizontal gene transfer  
443 (HGT) events by culture-based methods (0.5 mL). Sludge exposure to PMA was  
444 performed as previously described (78). Given that PMA can be limited in its accuracy to  
445 differentiate between cells with compromised and intact cell membranes, more details on  
446 PMA exposure protocol and validation are given in SI-3 and Table S1.

447

448 Sludge samples for total DNA isolation and PMA-treated samples were centrifuged at  
449 10000 g for 5 min and the supernatant fraction was discarded. The remaining biomass  
450 pellet was immediately frozen at -80 °C, and subsequently lyophilized using Alpha 1-2  
451 LDplus freeze dryer (Martin Christ GmbH, Germany). After completion of the drying  
452 cycle, dry biomass weights were recorded and samples were ready for DNA extraction.

453

454 **Horizontal gene transfer (HGT) detection by culture-based methods.** To detect  
455 potential conjugation events, the remaining 0.5 mL of the initial 14 mL sludge sample  
456 were serially diluted and plated on MUG-EC (Sigma-Aldrich, St Louis MO) with 1.5%  
457 w/v agar and 8 µg/L meropenem. MUG-EC allows the rapid screening of *E. coli* as MUG  
458 cleavage by the glucuronidase enzyme leads to the formation of colonies that exhibit blue  
459 fluorescence under UV (79). Non-fluorescent colonies were selected as potential  
460 transconjugants, and subsequently confirmed by colony PCR using *bla<sub>NDM-1</sub>* specific  
461 primers as shown in Table 2). Strain identity was determined by 16S rRNA gene  
462 sequencing using the 11F/1492R primer pair (80). Detection limit of culture-based  
463 methods performed in this study was determined to be 10<sup>4</sup> CFU / g sludge (SI-4).

464

465 **Colloidal DNA decay.** *E. coli* PI7 carries a 110 kbp plasmid encoding for NDM-1 (25).  
466 Plasmid integrity was determined by electroporation into Invitrogen TOP10  
467 electrocompetent cells (Thermo Fisher Scientific, Carlsbad, CA, USA). Due to the low  
468 electroporation frequencies of this large plasmid, decay experiments were carried out  
469 using the pCR<sup>®</sup>2.1 cloning vector (Thermo Fisher Scientific, Carlsbad, CA, USA) that  
470 harbored a 640 bp *bla<sub>NDM-1</sub>* gene insertion (i.e., total plasmid vector size of ~ 4.6 kbp).

471 Decay experiments of the plasmid were performed in the liquid fraction of either aerobic  
472 or anaerobic sludge collected from a local WWTP and a lab-scale AnMBR, respectively.  
473 The sludge liquid fraction was separated from the biomass by centrifugation at 10000 g  
474 for 20 min. Supernatant was recovered and filtered with cheesecloth to further remove  
475 biomass in suspension. Subsequently, 1.6 mL of plasmidic DNA ( $10^{10}$  copies/ $\mu$ L) were  
476 dosed into a Float-A-Lyzer<sup>®</sup> G2 Dialysis device with MWCO of 100 kDa (Spectrum  
477 Laboratories, Rancho Dominguez, CA), and the device was submerged in the liquid  
478 fraction of either aerobic or anaerobic sludge for a period of 24 h. Anaerobic decay  
479 experiments were performed under anaerobic conditions in a vinyl anaerobic chamber  
480 with an atmosphere of 95% nitrogen and 5% Hydrogen (COY Lab Products, MI, USA).  
481 50  $\mu$ L samples were taken from the dialysis device at each sampling point, and used for i)  
482 plasmidic DNA quantification with qPCR and ii) plasmid integrity quantification by  
483 electroporation in TOP10 cells (SI-5).

484

485 **DNA extraction.** Lyophilized PMA-treated sludge and non PMA-treated sludge  
486 fractions, were subjected to DNA extraction using the PowerSoil<sup>®</sup> DNA extraction kit  
487 (MO BIO) with slight modifications to the manufacturer's protocol, as previously  
488 described (4).

489

490 **Gene quantification and statistical tests.** *uidA* and *bla<sub>NDM-1</sub>* genes are used as the  
491 chromosomal and plasmidic marker, respectively.  $\beta$ -D-glucuronidase (*uidA*) was selected  
492 as the chromosomal marker since only one copy of this gene is present per *E. coli*  
493 genome (19). Differences in the decay of the chromosomal and plasmidic material of *E.*

494 *coli* PI7 was therefore assessed by comparing PMA-treated (PTB) decay rates of *uidA*  
495 and *bla<sub>NDM-1</sub>* genes, respectively. *bla<sub>NDM-1</sub>* and *uidA* copy numbers were determined by  
496 absolute quantification on a Applied Biosystems 7900HT Fast Real-Time PCR system  
497 (Thermo Fisher Scientific, Carlsbad, CA, USA). PCR primers and TaqMan probe  
498 sequences are listed in Table 2. MLSS measurements were fairly stable in the microcosm  
499 experiments during the whole length of the experiment (Figure S3), suggesting stability  
500 of both aerobic and anaerobic microbial communities in the microcosms. Gene copy  
501 numbers were normalized by dry weight of biomass. Decay rates expressed as  $\ln(N/N_0)$ ,  
502 where  $N$  corresponds to the copy numbers at  $t = X_i$ , and  $N_0$  corresponds to the copy  
503 numbers at  $t = 0$ . Half-life was calculated using a first order decay kinetic model. Linear  
504 regressions were performed using the least squares method and the significance of the  
505 slopes of the regression models ( $\beta \neq 0$ ) were evaluated using t-test. Decay curves were  
506 compared using the model  $Y_i = \beta_0 + \beta_1 X_{i1} + \beta_2 X_{i2} + \beta_3 X_{i1} X_{i2}$  (81). All statistical analysis  
507 was done using StatPlus at 95% confidence unless otherwise stated.

508

509 **Determination of persister cell frequency in pure cultures of *E. coli* PI7.** Persister  
510 cells are dormant variations of vegetative cells that can withstand harsh environmental  
511 conditions including exposure to supra-lethal concentrations of antibiotics. This  
512 resistance to antibiotics is not encoded in the chromosome but it is rather a consequence  
513 of their dormant phenotype. The frequency of persister cells in this study was determined  
514 using a modified protocol described by Keren *et al.* (15). Modifications were made on the  
515 type of antibiotic used and the working concentration. As *E. coli* PI7 exhibits extremely  
516 high tolerance to ampicillin, the antibiotic challenge was performed with meropenem, a

517 carbapenem exhibiting a similar mode of action (7). *E. coli* PI7 was challenged with a  
518 supra-lethal meropenem concentration of 640 µg/mL that corresponds to a 10-fold  
519 increase of the minimum inhibitory concentration (MIC), and a 5-fold increase of the  
520 lethal meropenem concentration reported for this strain (25). In summary, overnight  
521 cultures of *E. coli* PI7 were diluted 1:1000 in LB broth without meropenem, and  
522 incubated at 37 °C and 200 rpm to a final OD<sub>600</sub> of 0.2. To provide a baseline cell count ( $t$   
523 = 0), 10 mL of culture from each flask ( $n = 4$ ) were pooled and placed at 4 °C.  
524 Subsequently, cell cultures were challenged with meropenem (640 µg/mL), and  
525 incubated at 37 °C and 200 rpm for 180 minutes. Cell counts were determined by serial  
526 dilution and plating in MUG-EC agar plates. Persister cell frequency was expressed as  
527 the ratio of the cell count at  $t = 180$  min to the cell count at  $t = 0$ .

528

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806807 **TABLES**

808

809 **Table 1.**  $bla_{NDM-1}$  decay rates in PMA-treated biomass fractions of anaerobic and aerobic  
810 sludge microcosms under different trace meropenem concentrations. P-values correspond  
811 to the comparison of each decay curve derived from meropenem-spiked microcosms (i.e.,  
812 1, 10 and 100  $\mu\text{g/L}$  meropenem), with the decay model obtained in the respective control  
813 microcosms (0  $\mu\text{g/L}$ ). No significant differences were observed in their  $bla_{NDM-1}$  decay at  
814 the different meropenem concentrations tested.

Microcosm	Replicate run	Meropenem concentration ( $\mu\text{g/L}$ ) <sup>1</sup>	$k$ ( $\text{h}^{-1}$ ) <sup>2</sup>	$t_{1/2}$ (h)	$p$ -value <sup>3</sup>
Anaerobic sludge	1	Control	-0.0202	34.3	-
		100	-0.0223	31.1	0.33
	2	Control	-0.0219	31.7	-
		100	-0.0213	32.5	0.15
	3	Control	-0.0223	31.1	-
		100	-0.0205	33.8	0.98
Aerobic sludge	1	Control	-0.1361	5.1	-
		1	-0.1460	4.7	0.77
		10	-0.1436	4.8	0.82
		100	-0.1386	5.0	0.94
	2	Control	-0.1107	6.3	-
		1	-0.1095	6.3	0.70
		10	-0.0993	7.0	0.71
		100	-0.0923	7.5	0.46
	3	Control	-0.1119	6.2	-
		1	-0.1253	5.5	0.49
		10	-0.1095	6.3	0.85
		100	-0.1133	6.1	0.96

815 1. Control corresponds to 0  $\mu\text{g/L}$  of meropenem816 2.  $k$  values for the aerobic microcosms correspond to Phase-I decay817 3.  $p$ -value corresponds to the testing of  $H_0: k_{\text{Control}} = k_{Xi \mu\text{g/L}}$ .

818 **Table 2.** List of primers used in this study. \*Primer pair NDM-154 and probe NDM-22 qPCR amplification efficiency = 98%.  
819 \*\*Primer pair uidA159 and probe uidA-23 qPCR amplification efficiency = 102%.

Primer	Gene Target	Amplicon size(bp)	Sequence	Cycling conditions	Use
NDM154-F* NDM154-R*	<i>blaNDM-1</i>	154	ATTAGCCGCTGCATTGAT CATGTCGAGATAGGAAGTG	50°C x 2 min; 95°C x 20 s; 40 cycles of 95°C x 1s and 60°C x 20s *	qPCR
uidA159-F** uidA159-R**	<i>uidA</i>	159	CGAATCCTTTGCCACGCAAG TCACAGCCAAAAGCCAGACA	50°C x 2 min; 95°C x 20 s; 40 cycles of 95°C x 1s and 60°C x 20s *	qPCR
NDM640-F NDM640-R	<i>blaNDM-1</i>	640	TAGTGCTCAGTGTCG CATTAGCCCGTGCA	95°C x 3 min; 35 cycles of 95°C x 30s, 60°C x 30 s and 72°C x 1 min; final elongation 72°C x 5min	Sequencing (Transconjugant screening)
HIF 1492R	16S	1481	GTTYGATYCTGGCTCAG GGYTACCTTGTTACGACTT	95°C x 5 min; 35 cycles of 95°C x 1 min, 45°C x 45 s and 72°C x 2 min; final elongation 72°C x 10 min	Sequencing (Transconjugant identity)
Probe	Gene Target		Sequence	Cycling conditions	Use
NDM-22*	<i>blaNDM</i>		56-FAM/AGACATTTCG/ZEN/GTGCAGCTGGCGGA/£	As described for primer pair	qPCR
uidA-23**	<i>uidA</i>		56-FAM/TCGCCCTTC/ZEN/ACTGCCACTGACCG/31A	As described for primer pair	qPCR

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826 **FIGURE LEGENDS**

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828 **Figure 1.** *bla*<sub>NDM-1</sub> decay kinetics in non-treated (black circles) and PMA-treated (white  
829 circles) biomass fractions under **(a)** anaerobic and **(b)** aerobic conditions, at 0 µg/L of  
830 meropenem (n = 3). Plasmid stability under **(c)** anaerobic and **(d)** aerobic conditions is  
831 evaluated by comparing the *bla*<sub>NDM-1</sub> (white circles) and *uidA* (white triangles) decay  
832 rates in PMA-treated biomass fractions (n = 3). Dotted lines in frame 1C indicate  
833 sampling points in which transconjugants were recovered by plating techniques.

834

835 **Figure 2.** *E. coli* PI7 cell count before (*t* = 0 min) and after meropenem challenge (*t* =  
836 180 min) at 640 µg/mL (n = 4). The persister cell frequency was expressed as the ratio of  
837 the cell count at *t* = 180 min and the cell count at *t* = 0 min, which corresponded to a  
838 frequency of  $3.14 \times 10^{-4} \pm 1.5 \times 10^{-4}$  (n = 4).

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840 **Figure 3.** Decay of extracellular colloidal DNA in anaerobic (white diamonds) and  
841 aerobic (black diamonds) sludge liquid fraction measured by **(a)** qPCR and **(b)**  
842 electroporation assays.

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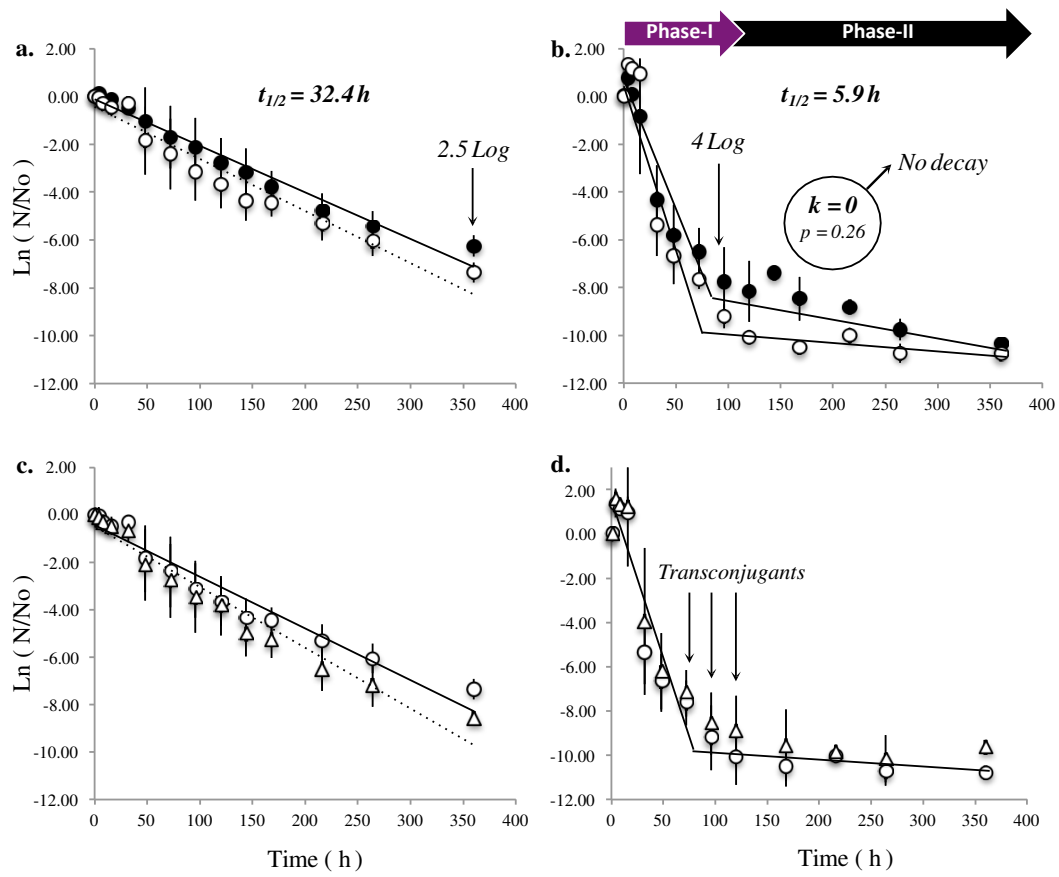
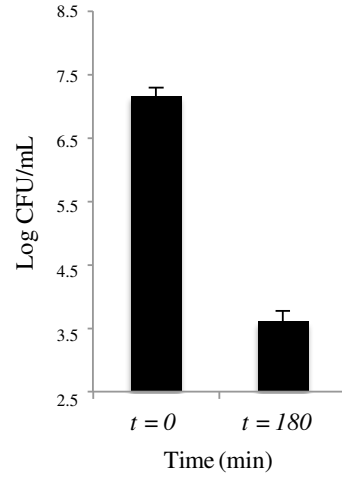
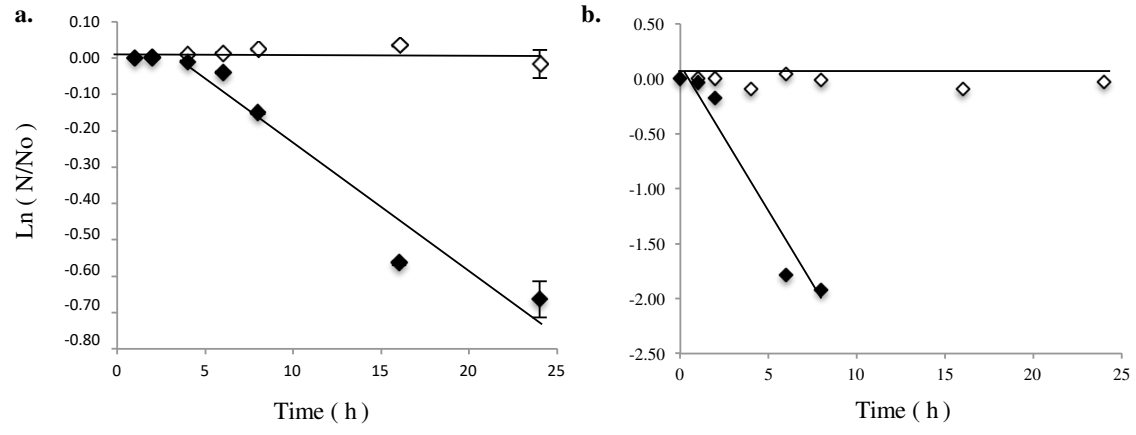


Figure 1

**Figure 2**

**Figure 3**