

1 **Reef fish communities in the central Red Sea show evidence of asymmetrical fishing**
2 **pressure**

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22 **Keywords:** Biomass, Baselines, Underwater visual census (UVC), Fish assemblage
23 structure, Coral reefs, Saudi Arabia, Sudan

24 **Abstract**

25 In order to assess human impacts and develop rational restoration goals on corals reefs,
26 baseline estimates of fish communities are required. In Saudi Arabian waters of the Red
27 Sea, widespread and unregulated fishing is thought to have been ongoing for decades, but
28 there is little direct evidence of the impact on reef communities. To contextualize this
29 human influence, reef-associated fish assemblages on offshore reefs in Saudi Arabia and
30 Sudan in the central Red Sea were investigated. These reefs have comparable benthic
31 environments, experience similar oceanographic influences, and are separated only by <
32 300 km, offering an ideal comparison to help identify potential anthropogenic impacts
33 such as fishing pressure. This is the first study to assess reef fish biomass in both these
34 regions, providing important baselines estimates. We found that biomass of top predators
35 on offshore Sudanese reefs was on average almost three times that measured on
36 comparable reefs in Saudi Arabia. Biomass values from some of the most remote reefs
37 surveyed in Sudan's far southern region even approach those previously reported in the
38 Northwest Hawaiian Islands, northern Line Islands, Pitcairn Islands, and other isolated
39 Pacific islands and atolls. The findings suggest fishing pressure has significantly altered
40 the fish community structure of Saudi Arabian Red Sea reefs, most conspicuously in the
41 form of top predator removal. The results point towards the urgent need for enhanced
42 regulation and enforcement of fishing practices in Saudi Arabia while simultaneously
43 making a strong case for protection in the form of no-take marine protected areas to
44 maintain preservation of the relatively intact southern Sudanese Red Sea.

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46

47 **Introduction**

48 The contemporary ocean environment has been drastically altered by human activity over
49 the last few centuries, with changes most directly driven by overexploitation of species at
50 both local and global scales (Jackson 2001; Jackson et al. 2001; Sanderson et al. 2002;
51 Myers and Worm 2003; Pandolfi et al. 2003; Halpern et al. 2008). The ‘shifting baseline’
52 syndrome (Pauly 1995) suggests that the combined result of the pace of fishing down
53 marine food webs and the relative lack of marine science history impairs one’s ability to
54 determine what is ‘natural’ in ocean ecosystems (Pauly et al. 1998). This poses a major
55 challenge to conservation and restoration efforts worldwide, risks undervaluing marine
56 ecosystem both economically and culturally, and often renders the general public
57 complacent over the rarity of species (Pauly 1995; Knowlton and Jackson 2008;
58 McClenachan 2009; Mora et al. 2011). Because a significant proportion of reef
59 environments have degraded through time (Jackson et al. 2001) and many are projected
60 to continue to decline (Burke et al. 2011), establishing baselines in data-deficient regions
61 is paramount to understanding future changes.

62 Fortunately there remain select, remote coral reefs that have persisted relatively
63 unchanged by man. Studies conducted in the Northern Line Islands (Sandin et al. 2008),
64 northwest Hawaiian Islands (Friedlander and Demartini 2002), Chagos Archipelago
65 (Graham and McClanahan 2013), Pitcairn Islands (Friedlander et al. 2014), and various
66 islands and atolls across the central and western Pacific (Stevenson et al. 2007; Williams
67 et al. 2011) have reported encouraging results from underwater visual censuses of fish
68 communities on these isolated reef sanctuaries. These ecosystems’ baseline conditions
69 offer invaluable insight into healthy reef dynamics, serving as control sites that provide

70 the opportunity to measure both direct and indirect effects of human impacts (particularly
71 fishing) on reef fish communities in nearby and physically comparable systems
72 (Knowlton and Jackson 2008). The trademark feature of healthy reefs, as revealed by
73 such studies, is ‘top-heavy’ (inverted) fish biomass pyramids (Sandin et al. 2008). In
74 these unique locations, sharks and other large top predators (jacks, snappers, groupers)
75 overwhelm the reef fish community biomass, supported by lower trophic levels with very
76 high turnover rates (Sandin et al. 2008). Studies of healthy reefs also reveal compelling
77 cascading effects of predator removal on coral reefs under even modest fishing pressure,
78 including changes in the abundance, body condition, length, and reproductive potential of
79 prey species (Ruttenberg et al. 2011; Walsh et al. 2012). Identification of additional near-
80 or relatively-pristine coral reefs in novel biogeographic provinces would do well to
81 advance this field of study and allow for comparison of human impacts across broader
82 spatial scales.

83 The Red Sea is a narrow sea harboring high biodiversity (Stehli and Wells 1971),
84 an elevated level of endemism (Ormond and Edwards 1987; DiBattista et al. 2016), and
85 one of the largest reef systems on the planet despite exhibiting relatively extreme
86 environmental conditions (i.e., salinity, temperature) and seasonal fluctuations (Raitsos et
87 al. 2013). Despite its unique environment, the Red Sea remains a scientifically
88 understudied region, a combined result of its remoteness, regional geopolitical situations,
89 complicated visa and permitting regulations, and a lack of marine infrastructure
90 (Berumen et al. 2013). A number of recent studies have revealed that while latitudinal
91 gradients of environmental conditions in the Red Sea do exist (Ngugi et al. 2012; Raitsos
92 et al. 2013; Kürten et al. 2014; Price et al. 2014), species richness and diversity of coral

93 reef fish assemblages change little, if at all, from north to south (Roberts et al. 2015).
94 Moreover, patterns of reef development, benthic composition, and coral cover along the
95 east and west coastlines of the relatively narrow Red Sea appear to mirror one another
96 (Sheppard and Sheppard 1991; Sheppard et al. 1992; DeVantier et al. 2000; Chekchak
97 and Klaus 2013).

98 Baseline data for patterns of Red Sea reef fish biomass, however, are largely
99 missing. This is particularly troublesome as historical and contemporary information of
100 reef fisheries are also lacking for the region as a whole, limiting attempts to measure the
101 extent to which Red Sea reef fish communities have been impacted by human activities.
102 In the central Red Sea, fishing pressure has been noted as high and ongoing for a number
103 of decades along the Saudi Arabian coastline. This is supported by a limited number of
104 scientific publications (e.g., Jin et al. 2012; Tesfamichael and Rossing 2012;
105 Tesfamichael and Pauly 2016) and robust evidence on this impact on reef fish
106 communities remains missing for both east and west coasts. Separated by ~ 300 km and
107 with a deep mid-basin trench (~ 2000 m) keeping adult fish populations separate, the two
108 sides of the Red Sea therefore provide unique circumstances and opportunities to make
109 comparisons and generate hypotheses about the impacts of human influences (e.g.,
110 fishing pressure) on central Red Sea reefs.

111 In the present study, we conducted underwater visual census (UVC) surveys of
112 offshore reefs in Saudi Arabian and Sudanese waters to provide baseline data on reef fish
113 abundance and biomass across different trophic groups in the central Red Sea. Because of
114 the apparent environmental homogeneity in these complementary regions, any significant
115 differences observed may be indicative of varying levels of exploitation. As evidence of

116 shifting environmental baselines have been revealed in the Red Sea (see Price et al. 2014),
117 this study offers a rare and timely assessment of reef fish biomass in this understudied
118 region and allows for comparisons to other global regions to identify the relative
119 condition of reef fish communities throughout the tropics.

120

121 **Materials and Methods**

122

123 **Study Sites**

124 A total of 34 reefs were surveyed in two spatially close, but opposing regions in the
125 central Red Sea. Reef fish communities were surveyed on 16 reefs along the Sudanese
126 coast and 14 reefs along the southern central coast of Saudi Arabia within 20° and 18°
127 latitude (Fig. 1). All reef sites surveyed were classified as offshore; that is, in proximity
128 to the outer margin of the continental shelf and characterized by steep profiles with
129 occasional plateaus.

130

131 **Survey Methodology**

132 Underwater visual censuses (UVC) of reef fish communities were conducted using
133 replicate 25 m belt transects with species-specific widths as described in Sandin et al.
134 (2008) and utilized in a number of similar peer-reviewed publications (Demartini et al.
135 2008; Friedlander et al. 2010; Williams et al. 2011; Ruttenberg et al. 2011). A width of 8
136 m was employed for large-bodied, vagile species greater than 20 cm, while small-bodied,
137 more site-attached species were surveyed over a 4 m width. These transect dimensions
138 have been shown to optimize data precision and accuracy, minimize surveyor bias, and

139 compensate for differences in size and species-specific differences in density for this type
140 of *in situ* underwater visual census (Mapstone and Ayling 1998). Transects were laid at a
141 depth of 10 m on the side of the reef consistently exposed to wave energy. Transects were
142 replicated three times in Saudi Arabia, however, due to logistical constraints most reefs
143 were only replicated twice in Sudan (see ESM1). All diurnally active reef fishes with
144 total length (TL) > 3 cm were documented to species level or to the lowest reliably
145 identifiable taxon. For each individual, TL was estimated to the nearest cm *in situ* and
146 later sorted into; TL between 3 and 5 cm, 5 cm size-class bins between TL 5 cm and 60
147 cm, 10 cm size-class bins between TL 60 cm and 100 cm, and 50 cm size-class bins > TL
148 100 cm. Size-estimation was regularly practiced prior to and throughout the study period
149 using objects of known length to maintain accuracy. Surveys were conducted by a single
150 diver (AK) to help eliminate bias and provide consistency between surveys and locations.

151 Fish species were allocated into one of four functional trophic guilds (see Sandin
152 et al. 2008) based on Sandin and Williams (2010) and diet information obtained from
153 FishBase (Froese and Pauly 2016). These groupings were: i) top predators (sharks, jacks,
154 large groupers and snappers, as well as any other fish at or near the end of the food chain),
155 ii) carnivores (smaller groupers and snappers, benthic invertivores, corallivores), iii)
156 planktivores, and iv) herbivores (including detritivores) (see ESM2 for a complete list of
157 surveyed species and their trophic allocations). While limitations to trophic allocation
158 (Frisch et al. 2016; Roff et al. 2016) as well as the UVC methodology (Ward-Paige et al.
159 2010a; Caldwell et al. 2016) may exist, those employed in the current study were selected
160 to enhance comparison of the data to similar investigations.

161

162 **Data Analysis**

163 To compare reef fish communities between the two regions, fish abundance from each
164 reef was plotted using non-metric multi-dimensional scaling (nMDS) based on Bray-
165 Curtis similarity matrix. Data were square root transformed prior to analysis to reduce the
166 influence of abundant species. Analysis of similarity (ANOSIM) tested differences in
167 community composition between the two regions and similarity percentage routine
168 (SIMPER) provided species contribution to observed differences (Clarke 1993). Analyses
169 were performed in PRIMER and PERMANOVA+ V6.

170 To calculate biomass, fish lengths were converted using the allometric length-
171 weight conversion $W = aL^b$, where W is weight in kilograms, L is total length in
172 centimeters and a and b are species-specific constants, obtained from FishBase (Froese
173 and Pauly 2016). These converted weights coupled with numerical densities supplied
174 from transects provided the input required for calculating biomass values per study region.

175 Local fishing pressure is purported to influence fish biomass within the two
176 regions. However, due to political and logistical reasons, quantitative data on fishing
177 levels in the two regions is lacking. To identify if local extraction through fishing is
178 influencing fish communities, we investigated the relationship between overall biomass
179 of each trophic group at each surveyed reef, and the linear distance to the nearest major
180 fishing port (Port Sudan in Sudan, and Al Lith in Saudi Arabia). Due to tight maritime
181 security in the region, we suspect that most of the fishing in the region is by local
182 fishermen and not larger-scale fishing boats from other countries (Jin et al. 2012). In
183 addition, fishing in this region is mainly through small (<10 m) outboard driven boats, so
184 we postulate that fishing pressure would be greatest close to port and decrease with

185 distance from port. Distances (km) from surveyed reefs to associated ports were
186 estimated through Google Earth and relationships were tested using linear regression
187 models using *lme4* package in R (R Core Team 2016; Bates et al. 2015).

188

189 **Results**

190

191 **Fish communities**

192 Across all survey locations, a total of 130 species were recorded from 27 families, 111
193 species across Saudi Arabian reefs and 118 from Sudanese reefs (ESM1). While
194 measures of species richness, evenness, and diversity (Shannon's Diversity H') showed
195 little difference between the two regions, average reef fish abundance (all trophic groups)
196 was 60% greater in Sudan compared to in Saudi Arabia (Table 1).

197 A comparison of fish community composition associated with all reefs from the
198 two regions revealed that they were not homogenous (ANOSIM, Global $R=0.33$,
199 $P=0.001$). There was separation of reefs based on associated fish communities between
200 the two regions as displayed by nMDS. Here most reefs from Sudan separate from reefs
201 in Saudi Arabia with the exception of Mar Mar and Malathu (Fig. 2). SIMPER analysis
202 revealed that 31 of the 130 species contributed to 90% of the dissimilarity between the
203 two regions (Table 2). Over half of the difference was attributed to two planktivores and
204 both were more abundant on Sudanese reefs: *Pseudanthias squamipinnis* and *Chromis*
205 *dimidiata* (36% and 17% dissimilarity, respectively). Planktivores encompassed half of
206 the species, with top predators and carnivores making up the majority of the rest (Table

207 2). Within these two groups, ten out of the twelve species had higher average abundances
208 Sudan reefs compared to Saudi Arabia.

209

210 **Biomass**

211 Biomass estimates at a regional scale was 1.04 tonnes hectare⁻¹ higher in Sudan (5.01 ±
212 0.77 SE) compared to Saudi Arabia (4.05 ±0.92 SE). Among the four trophic groups,
213 biomass was highest on Sudanese reefs for top predators, carnivores, and herbivores
214 (Table 3). Top predator biomass was nearly three times higher on Sudanese reefs,
215 reflective of a similar increase in overall top predator abundance. Overall carnivore
216 biomass on Sudanese reefs was twice that of Saudi Arabia reefs driven by a 47% increase
217 in mean weight and a 51% increase in abundance. Herbivore biomass was also greater on
218 Sudanese reefs with a two-fold increase and approaching a three-fold increase with
219 respect to abundance. Conversely, planktivores revealed a lower biomass estimate in
220 Sudan of almost a tonne hectare⁻¹; while planktivore abundance was higher in Sudan by
221 170%, mean planktivore weight was higher by 35% in Saudi Arabia (Table 3).

222 At a reef level, overall mean biomass was highest in Saudi Arabia on Mubarak
223 reef (mean = 12.52, SE = 3.19), and was also the highest overall biomass for the central
224 Red Sea study area (Fig. 3). Habily Lory (mean = 10.30, SE = 1.06) and Dahrat Qab
225 (mean = 9.98, SE = 3.29) contained the highest biomass in Sudan. The lowest overall
226 biomass estimates were observed at Mar Mar (mean = 0.70, SE = 0.34), followed by
227 three other reefs in Saudi Arabia (Belgium Point, Long Reef, and Malathu). Of the 30
228 reefs included in this study, mean biomass of top predators was greatest at Dahrat Qab
229 (mean = 5.21, SE = 0.49) in Sudan. Nine of the next ten reefs ranked in order of

230 decreasing top predator biomass were also found in Sudan while only Mubarak in Saudi
231 Arabia contained similar levels of top predator biomass to that in Sudan (Fig. 3). Overall
232 biomass levels of planktivores varied greatly among regions while the top seven reefs
233 with the highest herbivore biomass were from Sudan with Masamarit highest containing
234 2.37 tonnes hectare⁻¹. Carnivore biomass varied from 0.08 (Long Reef, Saudi Arabia) to
235 2.13 (Darraka, Sudan) with the top seven reefs all within Sudan (Fig. 3).

236 The four species that contributed the greatest proportion of biomass for each of
237 the four trophic groups showed a trend where Sudan biomass was greater (Fig. 4). One
238 species of herbivore (*Ctenochaetus striatus*) and one species of planktivore (*Naso*
239 *hexacanthus*), however, had a higher mean in Saudi Arabia although differences were not
240 statistically significant.

241 The relationship between biomass and distance from the nearest major fishing
242 port identified a significant positive relationship for top predators ($R^2 = 0.45$, $P < 0.01$).
243 There was also a slight tendency for increase of biomass for the other three trophic
244 groups, yet this was not statistically supported (Fig. 5).

245

246 **Size demographics**

247 Sudan had 60% more planktivores in the smallest size class (< 4 cm), while Saudi Arabia
248 had a higher frequency (12-39%) of medium-sized individuals (13-23 cm) (Fig. 6). In
249 Saudi Arabia, the frequency of herbivores peaked at size class 14-18 cm (4 individuals)
250 and then declined to the maximum size of 49 cm. In Sudan, herbivore size class 19-23 cm
251 had the highest frequency (7 individuals) and there was a maximum size of 58 cm. The
252 frequency of individuals in each size class for carnivores were similar for classes < 23 cm,

253 but Sudan displayed a higher number of individuals between 23 cm and 53 cm. Few top
254 predators below 18 cm were observed in either region, but Saudi Arabia displayed greater
255 frequency of top predators between 48 cm and 65.5 cm.

256 **Discussion**

257 Surveys of conspicuous reef fishes from Sudanese and Saudi Arabian reefs in the
258 central Red Sea revealed notable differences in associated community composition and
259 biomass estimates between the two regions. Reefs within these two regions sit opposite
260 each other in the Red Sea basin and, while they are less than 200-300 km apart, average
261 fish abundance was 62% higher and biomass was 20% higher on Sudanese reefs than on
262 Saudi Arabian reefs. Fish communities in Sudan were also slightly more diverse with an
263 average of six more species per transect. Furthermore, 71% (22/31) of the species that
264 comprised 90% of the disparity in community composition between regions were a result
265 of higher average abundance on Sudanese reefs. Given the close proximity to each other
266 and the consistent differences between the two regions in environmental parameters, it
267 appears fish communities in Saudi Arabia are, in some aspects, degraded.

268 Planktivores are generally the most numerous trophic group on coral reefs,
269 playing an important role in the transfer of energy from the base of the food web to
270 higher trophic levels (Hobson 1991). In the central Red Sea, this group made up the
271 numerical majority of fishes in both regions and was the largest contributor to overall
272 biomass in Saudi Arabia. Differences in fish community composition between the two
273 regions were greatly driven by species of planktivores, whereby eight species accounted
274 for 73% of the observed discrepancy. A pronounced proportion of the total difference
275 (53%) was a result of higher numbers of *Pseudanthias squamipinnis* and *Chromis*

276 *dimidata* associated with reefs in Sudan. Both of these species are common in the Red
277 Sea and found in large schools close to the reef structure feeding on plankton (Lieske and
278 Myers 2004). Overall mean biomass estimates of planktivores were a third higher on
279 Saudi Arabian reefs although abundance was a third lower. This suggests that Saudi
280 Arabian reefs contain higher abundances of larger bodied species but less small species.
281 Indeed, Saudi Arabian reefs had high levels of all three species of fusiliers: *Caesio*
282 *lunaris*, *C. suevica*, and *C. striata*. Planktivores are generally dependent on
283 oceanographic parameters for nutrient input and for smaller species, complex reef
284 structure for habitat and shelter (Munday and Jones 1998; Friedlander and Parrish 1998).
285 However, species that displayed the greatest differences between the two regions were
286 not regarded as coral-dependent species and therefore not expected to be influenced by
287 variation in benthic structure (see Cole et al. 2008; Coker et al. 2014). While reefs in
288 similar biogeographic provinces may differ in their capacity to support fish stocks and
289 possess variable trophic compositions (Williams et al. 2015), these regions are reported to
290 have similar reef parameters (e.g., coral cover and composition, reef complexity, reef
291 profile) (Sheppard and Sheppard 1991; Sheppard et al. 1992; DeVantier et al. 2000;
292 Chekchak and Klaus 2013; Hussey et al. 2013). It is probable that the observations
293 between regions concerning planktivores may be a function of predator removal in the
294 form of either reduced predation and/or shifts in the behaviour and movement of these
295 planktivores in the absence of predators.

296 Large herbivores (e.g., parrotfish) are targeted on both sides of the Red Sea. We
297 hypothesize that we observed lower herbivore biomass in Saudi Arabian waters because
298 of higher fishing pressure. In Saudi Arabian fish markets parrotfishes are regularly

299 present in high numbers, and they are a staple menu item in local seafood establishments.
300 Furthermore, the large, annual aggregation of one species, *Hipposcarus harid*, is
301 intensely harvested (Gladstone 1996; Spaet 2013). The herbivore *Naso unicornis* can
302 likewise be found daily in Saudi Arabian markets, typically in large bundles of many
303 individuals. This is a species that was recorded in very large schools on several reefs in
304 southern Sudan. The great disparity in biomass of *N. unicornis* between Saudi Arabia and
305 Sudan (see Fig. 4) further suggests differences in fishing pressure between these two Red
306 Sea nations.

307 Top predators and carnivores characterize the top of the food chain, are the first
308 group to decline as a result of fishing, and their presence and abundance is indicative of
309 healthy reef systems (Pauly et al. 1998). Seminal studies in remote and ‘pristine’ regions
310 have documented high levels of biomass when compared to regions exposed to
311 anthropogenic impacts and, in particular, prevalent fishing pressure (Friedlander and
312 Demartini 2002; Sandin et al. 2008; Williams et al. 2011). In the central Red Sea, four of
313 the most common top predators and carnivores were all documented in greater abundance
314 on Sudanese reefs along with up to a five-fold increase in biomass levels. The high levels
315 in abundance and biomass of species such as *Lutjanus bohar* are reflective of reefs
316 around the world with lower fishing pressure as these fish groups are the targets of
317 fisheries (Russ and Alcala 1989; Pauly et al. 1998). This also suggests that reefs in Sudan
318 are subjected to lower fishing pressure than those on the Saudi Arabian side.

319 Very little detailed information is available on fishing in the Red Sea. Based on
320 anecdotal evidence from local fish markets, everything that is caught in the Red Sea is
321 kept and sold. Moreover, fishing methods employed (including hook-and-line, gill nets,

322 and traps) are similar in both the Saudi Arabian and Sudanese study regions
323 (Teshfamichael and Pauly 2016). Species easily caught with these standard fishing
324 methods are therefore vulnerable to overfishing. The unique biology of some species,
325 however, may contribute to some of our unexpected observations. For example, we found
326 the abundance of the blackfin barracuda (*Sphyraena qenie*) to be more than 16 times
327 higher in Saudi Arabia compared to Sudan. This species is known to form large, semi-
328 stationary schools of similarly-sized individuals numbering in the hundreds (Lieske and
329 Myers 2004; Froese and Pauly 2016). As evidenced in our abundance estimates, this
330 species is either present in high numbers or entirely absent. In fact, two large schools of *S.*
331 *qenie* from only two reefs in Saudi Arabia are responsible for the entirety of their
332 abundance for the region. It is therefore suggested that differences observed for some
333 species in this study are most likely driven by occurrences of schools rather than solely
334 fishing pressure.

335 While the presence of sharks is often considered synonymous with healthy reef
336 ecosystems, populations of many species around the globe have been devastated in recent
337 decades (Myers and Worm 2003; Robbins et al. 2006; Myers et al. 2007; Sandin et al.
338 2008; Ward-Paige et al. 2010b). Remote regions like Kingman with limited local
339 anthropogenic impacts report UVC-based levels of shark biomass up to 3.3 tonnes
340 hectare⁻¹ (Sandin et al. 2008), a value almost twice as great as the mean biomass of all top
341 predators presently recorded for Sudan. Sadly, across all reefs and replicates of this study
342 only four individuals belonging to one species (*Triaenodon obesus*) were recorded within
343 transect boundaries (Mar Mar, Saudi Arabia), and all of these sharks were located under a
344 single *Acropora* table. Several species of sharks (*T. obesus*, *Carcharinus amblyrhynchos*,

345 *Carcharhinus falciformis*, *Sphyrna lewini*, and even a single *Rhincodon typus*) were
346 sighted outside transect boundaries or during non-survey portions of dives, but these
347 observations varied greatly in their frequency between the two study regions. Sharks
348 were regularly encountered on Sudanese reefs and were very sparse in Saudi Arabia.
349 These observations corroborate those reported in previous studies for both regions
350 (Hussey et al. 2013; Clarke et al. 2013; Spaet and Berumen 2015) and echo warnings of
351 elasmobranch overexploitation in Saudi Arabia despite a 2008 royal decree prohibiting
352 all shark fishing activities in the country (Jabado et al. 2015; Spaet et al. 2016). Urgent
353 enforcement of this law is needed to avoid ecosystem-wide repercussions of shark
354 removal (Stevens et al. 2000; Baum and Worm 2009; Ferretti et al. 2010; Ruppert et al.
355 2013).

356 Declines in biomass and abundance, along with changes in species composition of
357 reef associated fishes, can be influenced by suitable habitat, prey availability, recruitment,
358 environmental parameters, and direct removal through a variety of fishing methods.
359 While little information exists for specific comparisons, personal observations and
360 communications as well as broad-scale descriptions of biotic (Sheppard and Sheppard
361 1991; Sheppard et al. 1992; DeVantier et al. 2000; Chekchak and Klaus 2013) and abiotic
362 variables (Ngugi et al. 2012; Raitzos et al. 2013) support east-west similarity in the
363 central Red Sea. It therefore seems likely that the observed differences in reef fish
364 communities between Sudan and Saudi Arabia are heavily influenced by human
365 disturbances, particularly exploitation. The high overall and top predator biomass
366 recorded at furthest-offshore Mubarak reef, comparable to that measured on southern
367 Sudanese reefs, lends further evidence that Saudi Arabian reefs are indeed capable of

368 supporting large fish stocks.

369 Quantitative data detailing fishing pressure is limited for both regions; however,
370 this study reveals that for top predators a positive relationship exists between biomass
371 and distance to the closest major fishing port. This supports the theory that extraction by
372 local fishermen is responsible for declines in stocks and concurs with studies in other
373 locations that show a negative association with human population and the distribution of
374 large-bodied fishes (Stallings 2009; Cinner et al. 2012; Williams et al. 2015). While the
375 region as a whole lacks reliable fisheries records, a number of studies support this notion
376 of asymmetrical fishing pressure in the Red Sea (Gladstone 2002; Hariri et al. 2002;
377 Tesfamichael and Pauly 2016). Reports suggest that aggregate traditional fisheries in
378 Saudi Arabia have been overexploited since the early 1990s (Jin et al. 2012;
379 Tesfamichael and Rossing 2012) and Sudan uses their marine resources the least of any
380 Red Sea nation (Tesfamichael and Pitcher 2006; Jin et al. 2012). This has been attributed
381 to Sudan's small and ill-equipped fishing fleet (e.g., lack of ice limits the distance fishing
382 vessels venture) as well as the nation's low consumption of fish, the least of any Red Sea
383 country (Sanders and Morgan 1989). While the fish trade in Sudan is still in a primitive
384 stage (Tesfamichael and Elawad 2012), demand for reef-associated Red Sea products in
385 Saudi Arabia remains high. The disparity in sustainability status between Sudan and
386 Saudi Arabia may extend in general to the entire eastern and western Red Sea
387 (Tesfamichael and Pitcher 2006).

388 If reefs in Sudan are taken as benchmarks for Saudi Arabia, our results suggest
389 that a number of management actions could be taken to restore Saudi Arabian reefs to
390 under-exploited states and to ensure that Sudanese marine resources avoid depletion.

391 Such measures are critical to promote the overall health of these coral reef systems and
392 their resilience in the face of ongoing climate change (Sala 2006; Brand 2009).
393 Enforcement of existing regulations in Saudi Arabia, including the aforementioned royal
394 decree prohibiting shark fishing, would be an important first step. Moreover, new
395 regulations to protect highly-prized top predators (e.g., *L. bohar*) as well as large
396 carnivores (e.g., *Cheilinus undulatus*) and herbivores (e.g., *Scarus* spp.) may be needed.
397 Both species-specific actions (e.g., size restrictions, seasonal closures, moratoriums) and
398 ecosystem-wide approaches should be considered. Although a large number of studies
399 have demonstrated the efficacy of marine protected areas (MPAs) for restoring large
400 predators (e.g., Russ and Alcala 1996; Russ and Alcala 2004; Aburto-Oropeza et al.
401 2011), the recovery of reefs with altered fish composition has been estimated to take up
402 to 60 years (MacNeil et al. 2015). MPA implementation should therefore be considered a
403 high priority in Saudi Arabia's Red Sea management plan. While reefs in Sudan herein
404 appear to be relatively healthy, large MPA creation and enforcement as well as full
405 protection of elasmobranch species should still be considered important for Sudan as
406 exploitation, particularly of sharks, appears to be on the rise (L. Segalini, pers. comm.).

407

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629

630 **Figure captions**

631

632 **Fig. 1.** Map of the central Red Sea showing locations of surveyed reefs. Insert illustrates
633 the location of surveyed reefs with respect to the Red Sea. Identifying numbers in red (1-
634 16) represent sites in Sudan. Identifying numbers in green (1-14) represent sites in Saudi
635 Arabia. See Appendix A for complete site details.

636

637 **Fig. 2.** nMDS illustrating all reefs in 2-dimentional space based on fish abundance data
638 associated with each reef from Saudi Arabia (green) and Sudan (red).

639

640 **Fig. 3.** Average biomass (tonnes hectare⁻¹ ±SE) for each trophic group for each reef
641 surveyed in Saudi Arabia and Sudan. Reefs are organized latitudinal from north (left) to
642 south (right) for both regions.

643

644 **Fig. 4.** Grand mean biomass of the top four taxa by weight of each trophic guild in Sudan
645 (red) and corresponding values for these taxa in Saudi Arabia (green). a = top predators, b
646 = carnivores, c = herbivores, d = planktivores. Error bars are standard error of the mean.

647

648 **Fig. 5.** Relationship between biomass (tonnes hectares⁻¹) for each trophic group and
649 distance (km) from the nearest major fishing port. Data points represent each reef from
650 Saudi Arabia and Sudan.

651

652 **Fig. 6.** Mean body size class frequency for each trophic guild in Saudi Arabia and Sudan.

653 Error bars are standard error of the mean.

654 **Tables**

655

656 **Table 1.** Average (per transect \pm SE) reef fish community indices for Saudi Arabia and
657 Sudan.

Region	Abundance	Richness	Evenness	Diversity
Saudi Arabia	543 \pm 39	27 \pm 0.6	0.46 \pm 0.02	1.52 \pm 0.07
Sudan	885 \pm 100	33 \pm 1.8	0.47 \pm 0.03	1.64 \pm 0.13

658

659

660 **Table 2.** Species that contributed >90% of the observed differences between Saudi
661 Arabia and Sudan fish communities (SIMPER analysis). Shading illustrates a higher
662 average abundance in Sudan than Saudi Arabia

Species	Trophic Guild	Saudi Arabia	Sudan	Av.Diss	Diss/SD	Contrib%	Cur
		Av.Abund	Av.Abund				
<i>Pseudanthias squamipinnis</i>	Planktivore	196.07	408.42	18.39	1.43	35.99	35
<i>Chromis dimidiata</i>	Planktivore	171.19	198.65	8.66	1.27	16.94	52
<i>Caesio lunaris</i>	Planktivore	46.19	5.66	3.19	1.1	6.24	59
<i>Chromis flavaxilla</i>	Planktivore	9.76	37.33	2.06	1.08	4.03	63
<i>Naso hexacanthus</i>	Planktivore	24.85	22.24	1.78	1.09	3.49	66
<i>Caesio suevica</i>	Planktivore	26.79	4.28	1.75	0.57	3.42	70
<i>Naso unicornis</i>	Herbivore	2.29	18.31	1.34	0.76	2.63	72
<i>Caesio striata</i>	Planktivore	9.54	3.13	0.8	0.61	1.57	74
<i>Macolor niger</i>	Planktivore	4.18	10.47	0.77	0.82	1.5	75
<i>Lutjanus bohar</i>	Top Predator	1	9.94	0.71	0.79	1.39	77
<i>Sphyraena qenie</i>	Top Predator	11.46	0.69	0.67	0.32	1.31	78
<i>Caranx sexfasciatus</i>	Top Predator	1.64	7.19	0.51	0.76	1	79
<i>Chromis pembrae</i>	Planktivore	5.4	2.88	0.48	0.7	0.93	80
<i>Kyphosus cinerascens</i>	Herbivore	4.39	2.97	0.45	0.66	0.88	81
<i>Lutjanus ehrenbergii</i>	Carnivore	1.63	5	0.45	0.51	0.88	82
<i>Naso elegans</i>	Herbivore	2.14	5.34	0.39	0.46	0.76	82
<i>Lutjanus kasmira</i>	Carnivore	3.01	4	0.39	0.54	0.76	83
<i>Carangoides bajad</i>	Top Predator	2.21	4.9	0.37	0.52	0.72	84
<i>Ctenochaetus striatus</i>	Herbivore	6.98	7.21	0.33	1.24	0.65	85
<i>Cephalopholis miniata</i>	Carnivore	3.79	7.21	0.33	1.31	0.64	85
<i>Abudefduf vaigiensis</i>	Planktivore	0	3.94	0.27	0.59	0.54	86
<i>Acanthurus gahhm</i>	Herbivore	3.15	2.91	0.24	0.78	0.47	86
<i>Plectorhinchus gaterinus</i>	Carnivore	0.21	3.81	0.23	0.43	0.46	87
<i>Monotaxis grandoculis</i>	Carnivore	3.33	1.66	0.23	0.88	0.46	87
<i>Caranx melampygus</i>	Top Predator	1.04	3.96	0.21	0.79	0.42	88
<i>Chromis viridis</i>	Planktivore	0	3	0.2	0.32	0.39	88
<i>Lutjanus gibbus</i>	Carnivore	0.36	2.72	0.19	0.41	0.38	88
<i>Odonus niger</i>	Planktivore	0.5	2.41	0.17	0.65	0.34	89
<i>Plectroglyphidodon lacrymatus</i>	Planktivore	1.44	1.53	0.17	0.86	0.33	89
<i>Acanthurus nigrofuscus</i>	Herbivore	1.11	2.88	0.16	0.94	0.32	89
<i>Pomacentrus sulfureus</i>	Planktivore	1	2.16	0.15	0.86	0.3	90

663

664

665 **Table 3.** Comparison of biomass density (tons hectare⁻¹), numerical density (number
666 hectare⁻¹), and mean weight of individuals (g) between surveyed reefs in Sudan and Saudi
667 Arabia. Values are grand means (\pm SE). n = 16 for Sudan and n = 14 for Saudi Arabia.

	Sudan	Saudi Arabia
Biomass		
Top predator	1.76 (0.42)	0.61 (0.30)
Carnivore	0.69 (0.12)	0.29 (0.04)
Planktivore	1.78 (0.43)	2.81 (0.69)
Herbivore	0.78 (0.15)	0.37 (0.06)
Number		
Top predator	1296 (245)	445 (224)
Carnivore	4120 (574)	2587 (232)
Planktivore	64027 (7241)	42535 (3508)
Herbivore	5002 (2259)	1854 (257)
Mean Weight		
Top Predator	1321 (173)	1597 (290)
Carnivore	171 (20)	116 (12)
Planktivore	27 (5)	78 (26)
Herbivore	259 (45)	220 (32)

668
669