STRICT STABILITY PRESERVING EXPLICIT RUNGE–KUTTA
METHODS OF MAXIMAL EFFECTIVE ORDER*

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Abstract. We apply the concept of effective order to strong stability preserving (SSP) explicit
Runge–Kutta methods. Relative to classical Runge–Kutta methods, methods with an effective order
of accuracy are designed to satisfy a relaxed set of order conditions but yield higher order accuracy
when composed with special starting and stopping methods. We show that this allows the construc-
tion of four-stage SSP methods with effective order four (such methods cannot have classical order
four). However, we also prove that effective order five methods—like classical order five methods—
require the use of nonpositive weights and so cannot be SSP. By numerical optimization, we construct
explicit SSP Runge–Kutta methods up to effective order four and establish the optimality of many
of them. Numerical experiments demonstrate the validity of these methods in practice.

Key words. strong stability preserving (SSP), effective order, monotonicity, Runge–Kutta
methods, time integration, high-order accuracy, time integration

AMS subject classifications. Primary, 65M20; Secondary, 65L06

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1. Introduction. Strong stability preserving (SSP) time discretization methods
were originally developed for the solution of nonlinear hyperbolic PDEs. Solutions of
such PDEs may contain discontinuities even when the initial conditions are smooth.
Many numerical methods for their solution are based on a method-of-lines approach in
which the problem is first discretized in space to yield a system of ODEs. The spatial
discretization is often chosen to ensure that the solution is total variation diminishing
(TVD), in order to avoid the appearance of spurious oscillations near discontinuities,
when coupled with first-order forward Euler time integration. SSP time discretizations
(also known as TVD discretizations [12]) are high-order time discretizations that
provide the TVD property (or other convex functional bounds), with a possibly
different step-size restriction [10]. Section 2 reviews Runge–Kutta methods and the
concept of SSP methods.

Explicit SSP Runge–Kutta methods cannot have order greater than four [25].
However, a Runge–Kutta method may achieve an effective order of accuracy higher
than its classical order by the use of special starting and stopping procedures. The
conditions for a method to have effective order \( q \) are in general less restrictive than the
conditions for a method to have classical order \( q \). Section 3 presents a brief overview
of the algebraic representation of Runge–Kutta methods, following Butcher [5]. This

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includes the concept of effective order and a list of effective order conditions.

We examine the SSP properties of explicit Runge–Kutta methods whose effective order is greater than their classical order. Previous studies of SSP Runge–Kutta methods have considered only the classical order of the methods. Three natural questions follow:

• Can an SSP Runge–Kutta method have effective order of accuracy greater than four?
• If we require methods to have only effective order \( q \), is it possible to achieve larger SSP coefficients than those obtained in methods with classical order \( q \)?
• SSP Runge–Kutta methods of order four require at least five stages. Can SSP methods of effective order four have fewer stages?

We show in section 4 that the answer to the first question is negative. We answer the second question by numerically solving the problem of optimizing the SSP coefficient over the class of methods with effective order \( q \); see section 5. Most of the methods we find are shown to be optimal, as they achieve a certain theoretical upper bound on the SSP coefficient that is obtained by considering only linear problems [21]. We answer the last question affirmatively by construction, also in section 5. The paper continues with numerical experiments in section 6 and conclusions in section 7.

2. Strong stability preserving Runge–Kutta methods. SSP time-stepping methods were originally introduced for time integration of systems of hyperbolic conservation laws [27]

\[
U_t + \nabla \cdot f(U) = 0,
\]

with appropriate initial and boundary conditions. A spatial discretization gives the system of ODEs

\[
u'(t) = F(u(t)),
\]

where \( u \) is a vector of continuous-in-time grid values approximating the solution \( U \) at discrete grid points. Of course, (2.2) can arise in many ways, and \( F \) need not necessarily represent a spatial discretization. Particularly, \( F \) may be time-dependent, but we can always make a transformation to an autonomous form. In any case, a time discretization then produces a sequence of solutions \( u^n \approx u(t_n) \). This work studies explicit Runge–Kutta time discretizations. An explicit \( s \)-stage Runge–Kutta method takes the form

\[
u^{n+1} = \nu^n + \Delta t \sum_{i} b_i F(Y_i),
\]

where

\[
Y_i = \nu^n + \Delta t \sum_{j} a_{ij} F(Y_j).
\]

Such methods are characterized by the coefficient matrix \( A = (a_{ij}) \in \mathbb{R}^{s \times s} \), the weight vector \( b = (b_i) \in \mathbb{R}^s \), and the abscissa \( c = (c_i) \in \mathbb{R}^s \), where \( c_i = \sum_{j=1}^{i-1} a_{ij} \). The accuracy and stability of the method depend on the coefficients of the Butcher tableau \((A, b, c)\) [5].

In some cases, the solutions of hyperbolic conservation laws satisfy a monotonicity property. For example, if (2.1) is scalar, then solutions are monotonic in the total
variation seminorm [17]. For this reason, many popular spatial discretizations are designed such that, for a suitable class of problems, the solution $u$ in (2.2) computed with the forward Euler scheme is nonincreasing (in time) in some norm, seminorm, or convex functional; i.e.,

$$
\|u + \Delta t F(u)\| \leq \|u\| \quad \forall u \text{ and for } 0 \leq \Delta t \leq \Delta t_{FE}.
$$

(2.3)

If this is the case, then an SSP method also generates a solution whose norm is nonincreasing in time, under a modified time-step restriction.

**Definition 2.1** (strong stability preserving). A Runge–Kutta method is said to be strong stability preserving with SSP coefficient $C > 0$ if, whenever the forward Euler condition (2.3) holds and

$$
0 \leq \Delta t \leq C \Delta t_{FE},
$$

the Runge–Kutta method generates a monotonic sequence of solution values $u^n$ satisfying

$$
\|u^{n+1}\| \leq \|u^n\|.
$$

Note that $\Delta t_{FE}$ is a property of the spatial discretization $F$ and is independent of $u$. The SSP coefficient $C$ is a property of the particular time-stepping method and quantifies the allowable time-step size relative to that of the forward Euler method. Generally we want the SSP coefficient to be as large as possible for efficiency. To allow a fair comparison of explicit methods with different number of stages, we consider the effective SSP coefficient

$$
C_{\text{eff}} = \frac{C}{s}.
$$

Note that the use of the word *effective* here is unrelated to the concept of *effective order* introduced in section 3.

**2.1. Optimal SSP schemes.** We say that an SSP Runge–Kutta method is optimal if it has the largest possible SSP coefficient for a given order and a given number of stages. The search for these optimal methods was originally based on expressing the Runge–Kutta method as combinations of forward Euler steps (the Shu–Osher form) and solving a nonlinear optimization problem [12, 13, 28, 29, 26, 24]. However, the SSP coefficient is related to the *radius of absolute monotonicity* [22] and, for irreducible Runge–Kutta methods, the two are equivalent [8, 16]. This gives a simplified algebraic characterization of the SSP coefficient [9]; it is the maximum value of $r$ such that the following conditions hold:

$$
K(I + rA)^{-1} \geq 0,
$$

(2.4a)

$$
e_{s+1} - rK(I + rA)^{-1}e_s \geq 0,
$$

(2.4b)

provided that $I + rA$ is invertible. Here

$$
K = \begin{pmatrix} A \\ b^T \end{pmatrix},
$$

while $e_s$ denotes the vector of ones of length $s$ and $I$ is the $s \times s$ identity matrix. The inequalities are understood componentwise.
The optimization problem of finding optimal SSP Runge–Kutta methods can thus be written as follows:

\[(2.5) \max_{A,b,r} r \text{ subject to } (2.4) \text{ and } \Phi(K) = 0.\]

Here \(\Phi(K)\) represents the order conditions.

Following [17, 20], we will numerically solve the optimization problem (2.5) to find optimal explicit SSP Runge–Kutta methods for various effective orders of accuracy. However, we first need to define the order conditions \(\Phi(K)\) for these methods. This is discussed in the next section.

3. The effective order of Runge–Kutta methods. The definition, construction, and application of methods with an effective order of accuracy rely on the use of starting and stopping methods. Specifically, we consider a starting method \(S\), a main method \(M\), and a stopping method \(S^{-1}\). The successive use of these three methods results in a method \(P = S^{-1}MS\), which denotes the application of method \(S\), followed by method \(M\), followed by method \(S^{-1}\). The method \(S^{-1}\) is an “inverse” of method \(S\). We want \(P\) to have order \(q\), whereas \(M\) might have lower classical order \(p < q\).

We then say \(M\) has effective order \(q\).

When the method \(P\) is used for \(n\) steps, i.e.,

\[P^n = (S^{-1}MS)^n = (S^{-1}MS) \cdots (S^{-1}MS)(S^{-1}MS),\]

it turns out that only \(M\) need be used repeatedly, as in \(S^{-1}M^nS\), because \(SS^{-1}\) leaves the solution unchanged up to order \(q\). The starting method introduces a perturbation to the solution, followed by \(n\) time steps of the main method \(M\), and finally the stopping method is used to correct the solution. In section 5.2, we propose alternative starting and stopping procedures which allow the overall procedure to be SSP.

The effective order of a Runge–Kutta method is defined in an abstract algebraic context introduced by Butcher [2] and developed further in [3, 15, 6, 4] and other works. We follow the book [5] in our derivation of the effective order conditions.

3.1. The algebraic representation of Runge–Kutta methods. According to Butcher’s algebraic theory, irreducible Runge–Kutta methods are placed in one-to-one correspondence with elements of a group \(G\), consisting of real-valued functions on the set of rooted trees [5, Theorem 384A]. A Runge–Kutta method corresponds to the map that takes each rooted tree \(t\) to the corresponding elementary weight \(\Phi(t)\) of that Runge–Kutta method. Table 1 lists the elementary weights for trees of up to degree five; a general recursive formula can be found in [5, Definition 312A]. The ordering of trees given in Table 1 is used throughout the remainder of this work; thus \(t_0\) refers to the tree with elementary weight \(b^T e^4\). For a function \(\alpha \in G\) we write the values of the elementary weights as \(\alpha_i = \alpha(t_i)\) for tree \(t_i\). A special element of the group \(E \in G\) corresponds to the (hypothetical) method that evolves the solution exactly. The values of \(E(t)\) are denoted \(1/\gamma(t)\) [5], and the values of \(\gamma(t)\) are included in Table 1. Classical order conditions are obtained by comparing the elementary weights of a method with these values.

Let \(\alpha, \beta \in G\) correspond to Runge–Kutta methods \(M_1\) and \(M_2\), respectively. The application of method \(M_1\) followed by method \(M_2\) corresponds to the multiplicative group operation \(\alpha \beta\).\(^1\) This product is defined by partitioning the input tree and

\(^1\)We write \(M_2M_1\) to mean the application of \(M_1\) followed by the application of \(M_2\) (following matrix and operator ordering convention), but when referring to products of elements of \(G\) we use the reverse ordering (\(\alpha \beta\)) to match the convention in [5].
computing over the resulting forest [5, section 383].

Two Runge–Kutta methods, \( M_1 \) and \( M_2 \), are equivalent up to order \( p \) if their corresponding elements in \( G, \alpha, \) and \( \beta \), satisfy \( \alpha(t) = \beta(t) \) for every tree \( t \) with \( r(t) \leq p \), where \( r(t) \) denotes the order of the tree (number of vertices). We denote this equivalence relation by

\[
M_1 \simeq_p M_2.
\]

In this sense, methods have inverses: the product of \( \alpha^{-1} \) and \( \alpha \) must match the identity method up to order \( p \). Note that inverse methods up to order \( p \) are not unique, and inverse methods of explicit methods need not be implicit. We can then define the effective order of accuracy of a method \( M \) with starting method \( S \) and stopping method \( S^{-1} \).

**Definition 3.1** (see [5, section 389]). Suppose \( M \) is a Runge–Kutta method with corresponding \( \alpha \in G \). Then the method \( M \) is of effective order \( q \) if there exist methods \( S, S^{-1} \) (with corresponding \( \beta, \beta^{-1} \in G \)) such that

\[
(\beta \alpha \beta^{-1})(t) = E(t) \quad \text{for every tree with } r(t) \leq q,
\]

where \( \beta^{-1} \) is an inverse of \( \beta \) up to order \( q \); i.e.,

\[
(\beta^{-1} \beta)(t) = 1(t) \quad \text{for every tree with } r(t) \leq q.
\]

Here \( 1 \in G \) is the identity element, and \( E \in G \) is the exact evolution operator.

**3.2. Effective order conditions.** For the main method \( M \) to have effective order \( q \), its coefficients and those of the starting and stopping methods must satisfy a set of algebraic conditions. These **effective order conditions** can be found by rewriting (3.1) as \( (\beta \alpha)(t) = (E \beta)(t) \) and applying the group product operation. For trees up to order five these are tabulated in Table 2 (and also in [5, section 389]). In general, the effective order conditions allow more degrees of freedom for method design than do the classical order conditions. Note that the effective order conditions match the classical order conditions up to second order.

**Table 1**

| \( i \) | \( \text{tree } t_i \) | \( \alpha(t_i) \) | \( \gamma(t_i) \) |
|---|---|---|
| 0 | \( \emptyset \) | 1 | 0 |
| 1 | \( b^T e \) | 1 | |
| 2 | \( b^T e \) | 2 | |
| 3 | \( b^T e^2 \) | 3 | |
| 4 | \( b^T A e \) | 6 | |
| 5 | \( b^T e^3 \) | 4 | |
| 6 | \( b^T A e \) | 8 | |
| 7 | \( b^T A^2 e \) | 12 | |
| 8 | \( b^T A^3 e \) | 24 | |

| \( i \) | \( \text{tree } t_i \) | \( \alpha(t_i) \) | \( \gamma(t_i) \) |
|---|---|---|
| 9 | \( b^T c^4 \) | 5 | |
| 10 | \( b^T c^2 A e \) | 10 | |
| 11 | \( b^T C A e^2 \) | 15 | |
| 12 | \( b^T C A e \) | 30 | |
| 13 | \( b^T (A e)^2 \) | 20 | |
| 14 | \( b^T C e^2 \) | 20 | |
| 15 | \( b^T A^2 C A e \) | 40 | |
| 16 | \( b^T A^2 c^2 \) | 60 | |
| 17 | \( b^T A c^2 \) | 120 | |
The effective order conditions of the main method for the “tall” trees \( t_1, t_2, t_4, t_8, t_{17}, \ldots \) match the classical order conditions, and these are precisely the order conditions for linear problems. This follows from inductive application of the group product on the tall trees. Therefore, methods of effective order \( q \) have classical order at least \( q \) for linear problems.

### 3.2.1. Order conditions of the main and starting methods

As recommended in [5], we consider the elementary weights \( \beta_i \) of the starting method as free parameters when determining the elementary weights \( \alpha_i \) of the main method. The relationship in Table 2 between the \( \alpha_i \) and \( \beta_i \) is mostly linear (although there are a few \( \beta_i^2 \) terms). It is thus straightforward to (mostly) isolate the equations for \( \alpha_i \) and determine the \( \beta_i \) as linear combination of the \( \alpha_i \). This separation provides maximal degrees of freedom and minimizes the number of constraints when constructing the method \( M \). The resulting effective order conditions for the main method \( M \) are given in Table 3 (up to effective order five). For a specified classical and effective order, these are the equality constraints \( \Phi(K) \) in the optimization problem (2.5) for method \( M \).

Constructing the main method \( M \) then determines the \( \alpha \) values, and we obtain a set of order conditions on \( \beta \) (for that particular choice of \( M \)). These are given in the right-hand side of Table 3. We can also find the order conditions on \( S^{-1} \) in terms of the \( \beta_i \) (see [5, Table 386(III)]). We note that increasing the classical order of the main method requires \( \alpha_i = 1/\gamma(t_i) \) and thus by Table 2 requires more of the \( \beta_i \) to be zero.

Tables 2 and 3 both assume that \( \beta_1 = 0 \) (i.e., the starting and stopping methods perturb the solution but do not advance the solution in time). This assumption is without loss of generality following [5, Lemma 389A], the proof of which shows that we can always find starting procedures with \( \beta_1 = 0 \) for which the main method has effective order \( q \), whenever this holds for a starting method with \( \beta_1 \neq 0 \).

### 4. Explicit SSP Runge–Kutta methods have effective order at most four

The classical order of any explicit SSP Runge–Kutta method cannot be greater than four [25]. It turns out that the effective order of any explicit SSP Runge–Kutta method also cannot be greater than four, although the proof of this result is more involved. We begin by recalling a well-known result.

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**Table 2**

Effective order five conditions on \( \alpha \) (main method \( M \)) in terms of order conditions on \( \beta \) (starting method \( S \)). See also [5, section 389]. Recall that \( \alpha_i \) and \( \beta_i \) are the elementary weights associated with the index \( i \) in Table 1. We assume that \( \beta_1 = 0 \) (see section 3.2.1).

<table>
<thead>
<tr>
<th>( q )</th>
<th>Effective order conditions</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>( \alpha_1 = 1 ).</td>
</tr>
<tr>
<td>2</td>
<td>( \alpha_2 = \frac{1}{2} ).</td>
</tr>
<tr>
<td>3</td>
<td>( \alpha_3 = \frac{1}{4} + 2\beta_2, \quad \alpha_4 = \frac{1}{4} ).</td>
</tr>
<tr>
<td>4</td>
<td>( \alpha_5 = \frac{1}{1} + 3\beta_2 + 3\beta_3, \quad \alpha_6 = \frac{1}{3} + \beta_2 + \beta_3 + \beta_4, \quad \alpha_7 = \frac{1}{2} + \beta_2 - \beta_3 + 2\beta_4, \quad \alpha_8 = \frac{1}{4} ).</td>
</tr>
</tbody>
</table>

\( \alpha_9 = \frac{1}{2} + 4\beta_2 + 6\beta_3 + 4\beta_5, \quad \alpha_{10} = \frac{1}{10} + \frac{1}{4} \beta_2 - 2\beta_3^2 + \frac{2}{3} \beta_3 + \beta_4 + \beta_5 + 2\beta_6, \quad \alpha_{11} = \frac{1}{15} + \frac{1}{3} \beta_2 + \frac{2}{3} \beta_4 + 2\beta_4 + \beta_7, \quad \alpha_{12} = \frac{1}{30} + \frac{1}{5} \beta_2 - 2\beta_3^2 + \frac{1}{2} \beta_3 + \frac{1}{2} \beta_4 + \beta_6 + \beta_8, \quad \alpha_{13} = \frac{1}{30} + \frac{1}{4} \beta_2 - \beta_3^2 + \beta_4 + \beta_4 + 2\beta_6, \quad \alpha_{14} = \frac{1}{30} + \frac{1}{4} \beta_2 + 3\beta_4 - \beta_5 + 3\beta_7, \quad \alpha_{15} = \frac{1}{30} + \frac{1}{4} \beta_2 + \frac{2}{3} \beta_4 - \beta_6 + \beta_7 + \beta_8, \quad \alpha_{16} = \frac{1}{30} + \frac{1}{4} \beta_2 - \beta_3^2 + \beta_4 + \beta_4 - \beta_7 + 2\beta_8, \quad \alpha_{17} = \frac{1}{17}. \)
Kutta method with positive SSP coefficient reducible to one that does, as per the lemma). The main result of this section follows.

\[ \text{Table 3} \]

Effective order \( q \), classical order \( p \) conditions on \( \alpha \) and \( \beta \) for the main and starting methods, \( M \) and \( S \), respectively.

<table>
<thead>
<tr>
<th>( q )</th>
<th>( p )</th>
<th>Order conditions for main method ( M )</th>
<th>Order conditions for starting method ( S )</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>2</td>
<td>( \alpha_1 = 1, \alpha_2 = \frac{1}{2}, \alpha_4 = \frac{1}{4} )</td>
<td>( \beta_1 = 0, \beta_2 = -\frac{1}{6} + \frac{1}{3} \alpha_3 )</td>
</tr>
<tr>
<td>4</td>
<td>2</td>
<td>( \alpha_1 = 1, \alpha_2 = \frac{1}{4}, \alpha_4 = \frac{1}{8} )</td>
<td>( \beta_1 = 0, \beta_2 = -\frac{1}{8} + \frac{1}{3} \alpha_3 )</td>
</tr>
<tr>
<td>4</td>
<td>3</td>
<td>( \frac{1}{2} - \alpha_3 + 2 \alpha_5 - \alpha_7 = 0, \alpha_9 = \frac{1}{2} )</td>
<td>( \beta_1 = 0, \beta_2 = \frac{1}{12} + \frac{1}{3} \alpha_3 )</td>
</tr>
<tr>
<td>5</td>
<td>2</td>
<td>( \frac{1}{2} - \alpha_3 + \alpha_5 = 2 \alpha_5 + \alpha_7 = 0, \alpha_9 = \frac{1}{2} )</td>
<td>( \beta_1 = 0, \beta_2 = \frac{1}{12} + \frac{1}{3} \alpha_3 )</td>
</tr>
<tr>
<td>5</td>
<td>3</td>
<td>( \frac{1}{2} - \alpha_3 + 2 \alpha_6 + \alpha_7 + \alpha_9 = 0, \alpha_{11} = \frac{1}{2} )</td>
<td>( \beta_1 = 0, \beta_2 = \frac{1}{12} + \frac{1}{3} \alpha_3 )</td>
</tr>
<tr>
<td>5</td>
<td>4</td>
<td>( \frac{1}{2} - \alpha_3 + \alpha_5 = 2 \alpha_5 + \alpha_7 - \alpha_9 + 2 \alpha_9 + \alpha_11 = 0, \alpha_{11} = \frac{1}{2} )</td>
<td>( \beta_1 = 0, \beta_2 = \frac{1}{12} + \frac{1}{3} \alpha_3 )</td>
</tr>
</tbody>
</table>

**Lemma 4.1** (see [22, Theorem 4.2], [25, Lemma 4.2]). Any irreducible Runge–Kutta method with positive SSP coefficient \( C > 0 \) must have positive weights \( b > 0 \).

Irreducibility [7] is technically important in this result and those that follow because a reducible SSP method might not have positive weights (but it would be reducible to one that does, as per the lemma). The main result of this section follows.

**Theorem 4.2.** Any explicit Runge–Kutta method with positive weights \( b > 0 \) has effective order at most four.

**Proof.** Any method of effective order five must have classical order at least two (see [5] or Table 3). Thus it is sufficient to show that any method with all positive weights cannot satisfy the conditions of effective order five and classical order two.

Let \((A, b, c)\) denote the coefficients of an explicit Runge–Kutta method with effective order at least five, classical order at least two, and positive weights \( b > 0 \). The effective order five and classical order two conditions (see Table 3 with \( q = 5 \) and \( p = 2 \)) include the following:

\[ b^T e = 1, \]
\[ b^T Ac = \frac{1}{6}, \]
\[ \frac{1}{2} b^T c^2 - \frac{1}{6} = \beta_2, \]
(4.1d) \[ \frac{1}{4} b^T c^4 - b^T C^2 A c + b^T (A c)^2 = \beta_2^2, \]

where the powers on vectors are understood componentwise. Let \( v = \frac{1}{4} c^2 - A c \). Then substituting (4.1b) into (4.1c) and expressing (4.1d) in terms of \( v \) gives

\[ \begin{align*}
  b^T v &= \beta_2, \\
  b^T v^2 &= \beta_2^2.
\end{align*} \]

Each of these is a strictly convex combination. Jensen’s inequality (with a strictly convex function, as is the case with the square function here) then states \( b^T v^2 \leq (b^T v)^2 \) with equality if and only if all components of \( v \) are equal [1, Theorem 12, p. 31]. Now \( v_1 = 0 \) for every explicit method, so we deduce that \( v = 0 \). This implies that the method has stage order two, which is not possible for explicit methods [25]. This contradiction completes the proof. \( \square \)

**Corollary 4.3.** Let \( M \) denote an irreducible explicit Runge–Kutta method with \( C > 0 \). Then \( M \) has effective order at most four.

**Proof.** This follows immediately from Lemma 4.1 and Theorem 4.2. \( \square \)

**Remark 4.4.** It is worth noting here an additional result that follows directly from what we have proved. Using Theorem 4.2 and [7, Theorem 4.1], it follows that any irreducible explicit Runge–Kutta method with positive radius of circle contractivity has effective order at most four.

5. Optimal explicit SSP Runge–Kutta schemes with maximal effective order. In this section, we use the SSP theory and Butcher’s theory of effective order (sections 2 and 3) to find optimal explicit SSP Runge–Kutta schemes with prescribed effective order and classical order. According to Corollary 4.3, there are no explicit SSP Runge–Kutta methods of effective order five, and therefore we need only consider methods with effective order up to four.

Recall from section 3 that the methods with an effective order of accuracy involve a main method \( M \) as well as starting and stopping methods \( S \) and \( S^{-1} \). In section 5.2 we introduce a novel approach to construction of starting and stopping methods in order to allow them to be SSP.

We denote by \( \text{ESSPRK}(s,q,p) \) an \( s \)-stage explicit SSP Runge–Kutta method of effective order \( q \) and classical order \( p \). Also we write \( \text{SSPRK}(s,q) \) for an \( s \)-stage explicit SSP Runge–Kutta method of order \( q \).

5.1. The main method. Our search is carried out in two steps, first searching for optimal main methods \( M \) and then for possible corresponding methods \( S \) and \( S^{-1} \). For a given number of stages, effective order, and classical order, our aim is thus to find an optimal main method, meaning one with the largest possible SSP coefficient \( C \).

To find a method \( \text{ESSPRK}(s,q,p) \) with Butcher tableau \( (A,b,c) \), we consider the optimization problem (2.5) with \( \Phi(K) \) representing the conditions for effective order \( q \) and classical order \( p \) (as per Table 3). The methods are found through numerical search, using the MATLAB optimization toolbox. Specifically, we use \( \text{fmincon} \) with a sequential quadratic programming approach [17, 20]. This process does not guarantee a global minimizer, so many searches from random initial guesses are performed to help find methods with the largest possible SSP coefficients.

5.1.1. Optimal SSP coefficients. Useful bounds on the optimal SSP coefficient can be obtained by considering an important relaxation. In the relaxed problem, the method is required to be accurate and SSP only for linear, constant-coefficient
initial value problems. This leads to a reduced set of order conditions and a relaxed absolute monotonicity condition [21, 17, 18]. We denote the maximal SSP coefficient for linear problems (maximized over all methods with order $q$ and $s$ stages) by $C_{s,q}^{\text{lin}}$.

Let $C_{s,q}$ denote the maximal SSP coefficient (relevant to nonlinear problems) over all methods of $s$ stages with order $q$. Let $C_{s,q,p}$ denote the object of our study, i.e., the maximal SSP coefficient (relevant to nonlinear problems) over all methods of $s$ stages with effective order $q$ and classical order $p$. From Remark 3.2 and the fact that the ESSPRK($s, q, p$) methods form a super class of the SSPRK($s, q$) methods, we have

(5.1) \[ C_{s,q} \leq C_{s,q,p} \leq C_{s,q}^{\text{lin}}. \]

The effective SSP coefficients for methods with up to eleven stages are shown in Table 4. Recall from section 4 that $q = 5$ implies a zero SSP coefficient and from section 3 that for $q = 1, 2$, the class of explicit Runge–Kutta methods with effective order $q$ is simply the class of explicit Runge–Kutta methods with order $q$. Therefore we consider only methods of effective order $q = 3$ and $q = 4$. Exact optimal values of $C_{s,q}^{\text{lin}}$ are known for many classes of methods; for example, see [21, 17, 18]. Those results and (5.1) allow us to determine the optimal value of $C_{s,q,p}$ a priori for the cases $q = 3$ (for any $s$) and for $q = 4, s = 10$, since in those cases we have $C_{s,q} = C_{s,q}^{\text{lin}}$.

5.1.2. Effective order three methods. Since $C_{s,q} = C_{s,q}^{\text{lin}}$ for $q = 3$, the optimal effective order three methods have SSP coefficients equal to the corresponding optimal classical order three methods. In the cases of three and four stages, we are able to determine exact coefficients for families of optimal methods of effective order three.

**Theorem 5.1.** A family of optimal three-stage, effective order three SSP Runge–Kutta methods of classical order two, with SSP coefficient $C_{3,3,2} = 1$, is given by

\[
\begin{align*}
Y_1 &= u^n, \\
Y_2 &= u^n + \Delta tF(Y_1), \\
Y_3 &= u^n + \gamma \Delta tF(Y_1) + \gamma \Delta tF(Y_2), \\
u^{n+1} &= u^n + \frac{5\gamma - 1}{6\gamma} \Delta tF(Y_1) + \frac{1}{6} \Delta tF(Y_2) + \frac{1}{6\gamma} \Delta tF(Y_3),
\end{align*}
\]

where $1/4 \leq \gamma \leq 1$ is a free parameter.
Theorem 5.2. A family of optimal four-stage, effective order three SSP Runge-Kutta methods of classical order two, with SSP coefficient $C_{4,3,2} = 2$, is given by

\[
\begin{align*}
Y_1 &= u^n, \\
Y_2 &= u^n + \frac{1}{2} \Delta t F(Y_1), \\
Y_3 &= u^n + \frac{1}{2} \Delta t F(Y_1) + \frac{1}{2} \Delta t F(Y_2), \\
Y_4 &= u^n + \gamma \Delta t F(Y_1) + \gamma \Delta t F(Y_2) + \gamma \Delta t F(Y_3), \\
u^{n+1} &= u^n + \frac{8 \gamma - 1}{12 \gamma} \Delta t F(Y_1) + \frac{1}{6} \Delta t F(Y_2) + \frac{1}{6} \Delta t F(Y_3) + \frac{1}{12 \gamma} \Delta t F(Y_4),
\end{align*}
\]

where $1/6 \leq \gamma \leq 1/2$ is a free parameter.

Proof. In either theorem, feasibility can be verified by direct calculation of the conditions in problem (2.5). Optimality follows because $C_{s,3,2} = C_{s,3}^{\text{lin}}$. \qed

Theorem 5.1 gives a family of three-stage methods. The particular value of $\gamma = 1/4$ corresponds to the classical Shu–Osher SSPRK(3, 3) method [12]. Similarly, in Theorem 5.2 the particular value of $\gamma = 1/6$ corresponds to the usual SSPRK(4, 3) method. It seems possible that for each number of stages, the ESSPRK($s$, $q$) methods may form a family in which an optimal SSPRK($s$, $q$) method is a particular member.

5.1.3. Effective order four methods. The ESSPRK($s$, 4, $p$) methods can have classical order $p = 2$ or 3. In either case, for stages $7 \leq s \leq 11$ the methods found are optimal because the SSP coefficient attains the upper bound of $C_{s,q}^{\text{lin}}$. For fewer stages, the new methods still have SSP coefficients up to 30% larger than those of explicit SSPRK($s$, $q$) methods. In the particular case of four-stage methods we have the following.

Remark 5.3. In contrast with the nonexistence of an SSPRK(4, 4) method [12, 25], we are able to find ESSPRK(4, 4, 2) and ESSPRK(4, 4, 3) methods. The coefficients of these methods are found in Tables 6 and 7.

Additionally, we find two families of methods with effective order four, for which $C_{\text{eff}}$ asymptotically approaches unity. The families consist of second-order methods with $s = n^2 + 1$ stages and SSP coefficient $C_{s,4,2} = n^2 - n$. They are optimal since $C_{s,4,2} = C_{s,4,2}^{\text{lin}}$ [21, Theorem 5.2(c)]. It is convenient to express the coefficients in the modified Shu–Osher form [10]

\[
Y_i = v_i u^n + \sum_{j=1}^{i-1} (\alpha_{ij} Y_j + \Delta t \beta_{ij} F(Y_j)), \quad 1 \leq i \leq s + 1,
\]

\[
u^{n+1} = Y_{s+1}
\]

because of the sparsity of the matrices $\alpha, \beta \in \mathbb{R}^{(s+1) \times s}$ and vector $v \in \mathbb{R}^s$. For $n \geq 3$ the nonzero elements are given by

\[
v_1 = 1, \quad v_{n^2+2} = \frac{2}{(n^2 + 1)((n - 1)^2 + 1)},
\]

\[
\alpha_{n^2-2n+4,(n-2)^2} = \frac{n^2 - 1 \pm \sqrt{n^3 - 3n^2 + n + 1}}{4n^2 - 6n + 2 n(n - 1)^2},
\]

\[
\alpha_{n^2+2,n^2+1} = \frac{2n - 1}{(2n-1)(n^2+1)(1-\alpha_{n^2-2n+4,(n-2)^2})}.
\]
the order conditions given by Table 5 for $\Phi(\cdots)$ do not contradict the SSP requirements. We can thus find methods whose order conditions from (5.2) do not contradict the SSP requirements. We can thus find perturbation methods $S$ and $S^{-1}$ such that the Runge–Kutta scheme $S^{-1}MS$ attains classical order $q$, equal to the effective order of method $M$. We also want the resulting overall process to be SSP. However at least one of the $S$ and $S^{-1}$ methods is not SSP: if $\beta_1 = 0$, then $\sum_i b_i = 0$ implies the presence of at least one negative weight, and thus neither scheme can be SSP. Even if we consider methods with $\beta_1 \neq 0$, one of $S$ or $S^{-1}$ must step backwards and thus that method cannot be SSP (unless we consider the downwind operator $\mathcal{D}^+\mathcal{D}^{-}$).

In [10, section 6.2.2], a similar pattern was found for SSPRK($s$, $3$) methods.

### 5.2. Starting and stopping methods

Given an ESSPRK($s$, $q$, $p$) scheme that can be used as the main method $M$, we want to find perturbation methods $S$ and $S^{-1}$ such that the Runge–Kutta scheme $S^{-1}MS$ attains classical order $q$, equal to the effective order of method $M$. We also want the resulting overall process to be SSP. However at least one of the $S$ and $S^{-1}$ methods is not SSP: if $\beta_1 = 0$, then $\sum_i b_i = 0$ implies the presence of at least one negative weight, and thus neither scheme can be SSP. Even if we consider methods with $\beta_1 \neq 0$, one of $S$ or $S^{-1}$ must step backwards and thus that method cannot be SSP (unless we consider the downwind operator $\mathcal{D}^+\mathcal{D}^{-}$).

In order to overcome this problem and achieve “bona fide” SSPRK methods with an effective order of accuracy, we need to choose different starting and stopping methods. We consider methods $R$ and $T$ which each take a positive step such that $R \approx MS$ and $T \approx S^{-1}M$. That is, the order conditions of $R$ and $T$ must match those of $MS$ and $S^{-1}M$, respectively, up to order $q$. This gives a new $TM^{n-2}R$ scheme which is equivalent up to order $q$ to the $S^{-1}M^nS$ scheme and attains classical order $q$. Each starting and stopping procedure now takes a positive step forward in time.

To derive order conditions for the $R$ and $T$ methods, consider their corresponding functions in group $G$ to be $\rho$ and $\tau$, respectively. Then the equivalence is expressed as

\[
\rho(t) = (\beta \alpha)(t) \quad \text{and} \quad \tau(t) = (\alpha \beta^{-1})(t) \quad \forall \text{ trees } t \text{ with } r(t) \leq q.
\]

Rewriting the second condition in (5.2) as $(\tau \beta)(t) = \alpha(t)$, the order conditions for the starting and stopping methods can be determined by the usual product formula and are given in Table 5. These conditions could be constructed more generally, but here we have assumed $\beta_1 = 0$ (see section 3.2.1); this will be sufficient for constructing SSP starting and stopping conditions.

#### 5.2.1. Optimizing the starting and stopping methods

It turns out that the order conditions from (5.2) do not contradict the SSP requirements. We can thus find methods $R$ and $T$ using the optimization procedure described in section 2.1 with the order conditions given by Table 5 for $\Phi(\mathcal{K})$ in (2.5).

The values of $\alpha_i$ are determined by the main method $M$. Also note that for effective order $q$, the algebraic expressions on $\beta$ up to order $q-1$ are already found by the optimization procedure of the main method (see Table 3). However, the values of the order $q$ elementary weights on $\beta$ are not known; these are $\beta_3$ and $\beta_4$ for effective order three and $\beta_5$, $\beta_6$, $\beta_7$, and $\beta_8$ for effective order four. From Table 5, we see that both the $R$ and the $T$ methods depend on these parameters. Our approach is to optimize for both methods at once: we solve a modified version of the optimization problem (2.5) where we simultaneously maximize both SSP coefficients subject to...
the constraints given in (5.2) and conditions on \( \beta \) given by Table 3. The unknown elementary weights on \( \beta \) are used as free parameters. In practice, we maximize the objective function \( \min(r_1, r_2) \), where \( r_1 \) and \( r_2 \) are the radii of absolute monotonicity of methods \( R \) and \( T \).

We were able to construct starting and stopping schemes for each main method, with an SSP coefficient at least as large as that of the main method. This allows the usage of a uniform time step \( \Delta t \leq C \Delta t_{FE} \), where \( C \) is the SSP coefficient of the main method. The additional computational cost of the starting and stopping methods is minimal: for methods \( R \) and \( T \) associated with an \( s \)-stage main method, at most \( s + 1 \) and \( s \) stages, respectively, appear to be required. Tables 6 and 7 show the coefficients of the schemes where the main method is ESSPRK(4,4,2) and ESSPRK(4,4,3), respectively.

It is important to note that, in practice, if accurate values are needed at any time other than the final time, the computation must invoke the stopping method to obtain them. Furthermore, changing step-size would require first applying the stopping method with the old step-size and then applying the starting method with the new step-size.

6. Numerical experiments. Having constructed strong stability preserving \( TM^{n-2}R \) schemes in the previous section, we now numerically verify their properties. Specifically, we use a convergence study to show that the procedure attains order of accuracy \( q \), the effective order of \( M \). We also demonstrate on Burgers’ equation that the SSP coefficient accurately measures the maximal time step for which the methods are SSP.

6.1. Convergence study. We consider the van der Pol system [14]

\[
\begin{align*}
    u_1'(t) &= u_2(t), \\
    u_2'(t) &= \mu(1 - u_1^2(t))u_2(t) - u_1(t)
\end{align*}
\]

over the time interval \( t \in [0, 50] \) with \( \mu = 2 \) and initial values \( u_1(0) = 2 \) and \( u_2(0) = 1 \). The reference solution for the convergence study is calculated by the MATLAB ode45 solver with relative and absolute tolerances set to \( 10^{-13} \).

We solve the initial value problem (6.1) using SSP \( TM^{n-2}R \) schemes. The solution is computed using \( n = 100 \cdot 2^k \) time steps for \( k = 2, \ldots, 7 \). The error at \( t = 50 \) with respect to time step is shown in Figure 1 on a logarithmic scale. The convergence
study is performed for $TM^{n-2}R$ schemes with various numbers of stages $s$, and the results show that the schemes attain an order of accuracy equal to the effective order of their main method $M$. It is important in doing this sort of convergence study that the effective order of accuracy can be obtained only after the stopping method is applied. Intermediate steps will typically be only order $p$ accurate (the classical order of the main method). Finally, we note that the methods with more stages generally exhibit smaller errors (for a given step-size).

6.2. Burgers’ equation. The inviscid Burgers’ equation consists of the scalar hyperbolic conservation law

$$U_t + f(U)_x = 0$$

$$E$$
with flux function $f(U) = \frac{1}{2}U^2$. We consider initial data $U(0, x) = \frac{1}{2} - \frac{1}{4} \sin \pi x$ on a periodic domain $x \in [0, 2]$. The solution advances to the right where it eventually exhibits a shock. We perform a semidiscretization using an upwind approximation to obtain the system of ODEs

$$\frac{d}{dt} u_i = - \frac{f(u_i) - f(u_{i-1})}{\Delta x}.$$ 

This spatial discretization is TVD when coupled with the forward Euler method under the restriction [23]

$$\Delta t \leq \Delta t_{FE} = \Delta x / ||U(0, x)||_{\infty}.$$ 

Recall that a time discretization with SSP coefficient $C$ will give a TVD solution for $\Delta t \leq C \Delta t_{FE}$.

Burgers’ equation was solved using an SSP $TM^{n-2}R$ scheme with time-step restriction $\Delta t = \sigma \Delta t_{FE}$, where $\sigma$ indicates the size of the time step. We integrate to roughly time $t_f = 1.62$ with 200 points in space. Figure 2 shows that if $\sigma$ is chosen less than the SSP coefficient of the main method, then no oscillations are observed. If this stability limit is violated, then oscillations may appear, as shown in Figure 2(b). We measure these oscillations by computing the total variation of the numerical solution.

We also consider Burgers’ equation with a discontinuous square wave initial condition

$$U(0, x) = \begin{cases} 1, & 0.5 \leq x \leq 1.5, \\ 0, & \text{otherwise}. \end{cases}$$

The solution consists of a rarefaction (i.e., an expansion fan) and a moving shock. Again we use 200 points in space, and we compute the solution until roughly time $t_f = 0.6$, using a time step $\Delta t = \sigma \Delta t_{FE}$. Figure 3 shows the result of solving the discontinuous problem using an SSP $TM^{n-2}R$ scheme, where $M$ is an ESSPRK$(5, 4, 2)$ method with SSP coefficient $C = 1.95$. In this case, $\sigma = 1.98$ appears to be the largest value for which the total variation is monotonically decreasing during the calculation. This is only 2% larger than the value of the SSP coefficient. Figure 3(b) shows part of the solution exhibiting oscillations when $\sigma$ is larger than the SSP coefficient.

**Fig. 1.** Convergence study for the van der Pol system using $TM^{n-2}R$ Runge–Kutta schemes when (a) $M$ is an ESSPRK$(s, 3, 2)$ method and (b) $M$ is an ESSPRK$(s, 4, 2)$ method.
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Fig. 2. Solution of Burgers’ equation at the final time with continuous initial data, using a $T^{M}n^{-2}R$ scheme, where $M$ is the optimal ESSPRK(4,4,2). The time step used is $\Delta t = \sigma \Delta t_{FE}$: in (a) we take $\sigma$ as the SSP coefficient $\sigma = C = s \times 0.22 = 0.88$ (see Table 4), and no oscillations are observed. However, in (b) we take $\sigma > C$, and we observe oscillations (note that (b) is magnified to show these). Here $TV$ denotes the discrete total variation of the solution at the final time: a value greater than 1 (the total variation of the initial condition) indicates a violation of the TVD condition.

Fig. 3. Solution of Burgers’ equation at the final time with discontinuous initial data, using a $T^{M}n^{-2}R$ scheme, where $M$ is an ESSPRK(5,4,2) method. The time step used is $\Delta t = \sigma \Delta t_{FE}$: in (a) we take $\sigma$ as the SSP coefficient $\sigma = C = s \times 0.39 = 1.95$, and no oscillations are observed. However, in (b) we take $\sigma > C$ and, when magnified, we observe oscillations. Here $TV$ denotes the total variation seminorm of the solution at the final time: a value greater than 2 indicates an increase in total variation.

For various schemes, Table 8 shows the maximum observed values of $\sigma$ for which the numerical solution is total variation decreasing for the entire computation. With the exception of the four-stage effective order four methods, we note good agreement between these experimental values and the SSP coefficients predicted by the theory.

We also note the necessity of our modified starting and stopping methods in the $R^{M}n^{-2}T$ approach: in this example, if we use the original approach of $S$ and $S^{-1}$, the solution exhibits oscillations immediately following the application of the starting perturbation method $S$. 
Table 8

Maximum observed coefficients exhibiting the TVD property on the Burgers’ equation example with discontinuous data (6.3). The numbers in parenthesis indicate the increase relative to the corresponding SSP coefficients.

<table>
<thead>
<tr>
<th>q</th>
<th>p</th>
<th>Stages s</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>2</td>
<td>1.04(4%) 2.00(0%) 2.65(0%) 3.52(0%) 4.29(0%) 5.11(0%) 6.00(0%) 6.79(0%) 7.63(0%)</td>
</tr>
<tr>
<td>4</td>
<td>2</td>
<td>1.07(22%) 1.98(2%) 2.69(2%) 3.56(1%) 4.33(1%) 5.16(1%) 6.05(1%) 6.84(1%)</td>
</tr>
<tr>
<td>4</td>
<td>3</td>
<td>1.05(35%) 1.89(3%) 2.63(2%) 3.53(1%) 4.31(1%) 5.16(1%) 6.04(1%) 6.85(1%)</td>
</tr>
</tbody>
</table>

7. Conclusions. We use the theory of SSP time discretizations with Butcher’s algebraic interpretation of order to construct explicit SSP Runge–Kutta schemes with an effective order of accuracy. These methods, when accompanied by starting and stopping methods, attain an order of accuracy higher than their (classical) order. We propose a new choice of starting and stopping methods to allow the overall procedure to be SSP. We prove that explicit Runge–Kutta methods with strictly positive weights have at most effective order four. This extends the barrier already known in the case of classical order explicit SSPRK methods.

SSP Runge–Kutta methods of effective order three and four are constructed by numerical optimization. Most of the methods found are optimal because they achieve the upper bound on the SSP coefficient known from linear problems. Also, despite the nonexistence of four-stage, order four explicit SSP Runge–Kutta methods, we find effective order four methods with four stages (of classical order two and three). We perform numerical tests which confirm the accuracy and SSP properties of the new methods.

The ideas here are applied to explicit Runge–Kutta methods, but they could also be applied to other classes of methods including implicit Runge–Kutta methods, general linear methods, and Rosenbrock methods.

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